

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 1 Women 100 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 12.12 2002 Emily JOHNSON/J. F. Ross**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Chloe Knox	A.B. Lucas - London	12.92
2	Sara Farquharson	Guelph - Guelph	13.46
3	Simona Kukuruzovic	Vincent Massey - Windsor	13.69
4	Chloe Gignac	St Thomas of Villanova-Lasalle	13.41
5	Claire Lavereau	St. Michael - Stratford	13.39
6	Mackenzie Denomme	St. David - Waterloo	12.68
7	Jaia Riggan	Cameron Heights - Kitchener	12.70
8	Zoe Janakovic	Huron Heights - Kitchener	13.12
Heat 2 of 2 Prelims			
1	Machenzie Edge	Medway - Arva	13.15
2	Tomi Bamigbade	Cameron Heights - Kitchener	12.49
3	Jessica Forcey	Mother Teresa - London	12.78
4	Carolyn Prins	Chatham Christian - Chatham	13.44
5	Hannah St. Pierre	Chatham-Kent - Chatham	13.70
6	Kimora Harris	Assumption College - Windsor	13.29
7	Haleigh Cole	Glendale - Tillsonburg	12.72
8	Hailey Barnes	A.B. Lucas - London	13.42

Event 2 Men 100 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 11.18 2006 Corey CRAWLEY, A.B. Lucas**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Evan John	E.J. Lajeunesse	12.19
2	Jake Bailey	Holy Names - Windsor	12.36
3	Olamipo Ogunnote	Centennial - Guelph	11.51
4	Chase Brown	London South - London	11.60
5	Spencer Reinhardt	Sacred Heart - Walkerton	11.83
6	Tyson Vidinha	Catholic Central - London	12.26
7	Cletus Jaffier	Westminster - London	11.95
8	Nic Rivait	F.J. Brennan - Windsor	12.16

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1	Jonah Zimmer	Catholic Central - London	11.75
2	Dominic Turton	St. Mary's - Kitchener	11.72
3	Adrian Livingston	Mgsr. Bruyere E S	12.15
4	Shahmir Khan	Glenview Park - Cambridge	11.36
5	Devonté Ballantyne	Strathroy - Strathroy	12.25
6	Jesse Gallant	Kitchener Waterloo - Kitchener	11.97
7	Rob Maure	Sandwich - Windsor	12.38
8	Shahriyar Rahman	Vincent Massey - Windsor	12.22

Event 3 Women 200 Meter Midget**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 24.70 2002 Emily JOHNSON/J. F. Ross**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Taneidra Cain	W. F. Herman - Windsor	26.34
2	Jessica Forcey	Mother Teresa - London	27.12
3	Chloe Gignac	St Thomas of Villanova-Lasalle	27.10
4	Sara Farquharson	Guelph - Guelph	27.00
5	Claire Lavereau	St. Michael - Stratford	27.52
6	Melanie Wieringa	Lord Dorchester - Dorchester	28.32
7	Tomi Bamigbade	Cameron Heights - Kitchener	25.63
8	Kennedy Campeau	Essex - Essex	27.51
Heat 2 of 2 Prelims			
1	Cassidy Kent	Parkside - St. Thomas	28.29
2	Hailey Vezina	St. David - Waterloo	27.13
3	Kimora Harris	Assumption College - Windsor	27.01
4	Mackenzie Denomme	St. David - Waterloo	25.97
5	Abbey Thorup	St. Mary's - St. Mary's	27.45
6	Mia Stevandic	London Central - London	28.29
7	Tyra Boug	Huron Heights - Kitchener	25.99
8	Kiera Jackson	Leamington - Leamington	27.05

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 4 Men 200 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 22.69 1993****Andrew BECKFORD / Kitchener CI**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Chase Brown	London South - London	23.53
2	Michael Herzog	Holy Names - Windsor	24.44
3	Sydney Brown	London South - London	24.08
4	Jake Bailey	Holy Names - Windsor	24.70
5	Anthony Cimino	Catholic Central - London	25.32
6	Cameron Beetham	Rockway Mennonite S	24.66
7	Adrian Livingston	Mgsr. Bruyere E S	24.50
8	Nic Rivait	F.J. Brennan - Windsor	24.07
Heat 2 of 2 Prelims			
1	Jesse Gallant	Kitchener Waterloo - Kitchener	24.53
2	Evan John	E.J. Lajeunesse	23.88
3	Dominic Turton	St. Mary's - Kitchener	23.96
4	Quaid Austin	Mitchell - Mitchell	25.07
5	Kyle Byrne	Belle River - Belle River	24.71
6	Mitch Deans	F. E. Madill - Wingham	24.65
7	Olamipo Ogunnote	Centennial - Guelph	24.27
8	Bradley Fraser	Our Lady of Lourdes - Guelph	24.34

Event 5 Women 400 Meter Midget**Friday 29/05/2015 - 4:00 PM****West Region: 57.3h 1982****Donalda DUPREY / Pt. Elgin-Saugeen**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Melanie Wieringa	Lord Dorchester - Dorchester	1:05.23
2	Avery Kettlewell	North Park - Brantford	1:05.52
3	Jada Codrington	Our Lady of Lourdes - Guelph	1:02.55
4	Christy Rizzo	Saunders - London	1:03.62
5	Eliza Smith	Resurrection - Kitchener	1:02.97
6	Jessica Jordan	Chatham-Kent - Chatham	1:02.03
7	Jennelle Smeltzer	Kincardine - Kincardine	1:05.11
8	Mia Stevandic	London Central - London	1:05.43
Section 2 of 2 Timed Finals			
1	Sylvia Dean	Sandwich - Windsor	1:01.29
2	Kennedy Campeau	Essex - Essex	1:01.65
3	Taneidra Cain	W. F. Herman - Windsor	1:00.40
4	Brooke Overholt	St. Michael - Stratford	1:00.67
5	Melanie Clayton	Medway - Arva	1:00.70
6	Mackenzie Morgan	Kitchener Waterloo - Kitchener	1:00.65
7	Abbey Thorup	St. Mary's - St. Mary's	1:00.86
8	Allison Winik	Maranatha Christian - Windsor	1:01.39

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 6 Men 400 Meter Midget****Friday 29/05/2015 - 4:00 PM****West Region: 50.91 1994****Jeff ELLIS / Orangeville**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Matt Darrell	F. E. Madill - Wingham	56.53
2	Anthony Cimino	Catholic Central - London	56.36
3	Jesse Gallant	Kitchener Waterloo - Kitchener	55.28
4	Cameron Beetham	Rockway Mennonite S	55.24
5	Lucas Eberhardt	Guelph - Guelph	55.07
6	Michael Herzog	Holy Names - Windsor	55.40
7	Rob Maure	Sandwich - Windsor	56.59
8	Kyle Byrne	Belle River - Belle River	56.59
Section 2 of 2 Timed Finals			
1	Ryland Williamson	Catholic Central - London	54.76
2	Quaid Austin	Mitchell - Mitchell	54.65
3	Bradley Fraser	Our Lady of Lourdes - Guelph	54.16
4	Frankie Calvaruso	St. Anne - Windsor	54.07
5	Sydney Brown	London South - London	53.77
6	Keith Sum	Vincent Massey - Windsor	54.56
7	Rienk VanderPloeg	St. Anne's - Clinton	54.71
8	Trevone Zoysa	St. John's College	54.90

Event 7 Women 800 Meter Midget**Saturday 30/05/2015 - 1:45 PM****West Region: 2:10.69 02/06/2012 Kailee Sawyer, Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Lauren Frey	Huron Heights - Kitchener	2:25.71
7-1B	Mikenna Vanderheyden	Strathroy - Strathroy	2:30.01
11-1C	Taryn McManus	Our Lady of Lourdes - Guelph	2:35.61
15-1D	Alexandra Eigner	Mother Teresa - London	2:38.34
1-2A	Mackenzie Morgan	Kitchener Waterloo - Kitchener	2:19.69
5-2B	Jessica Turner	Vincent Massey - Windsor	2:27.71
9-2C	Lauren Perkins	Northern - Samia	2:32.36
13-2D	Sarah Johnston	Northern - Samia	2:36.72
2-3A	Lynnsey Copat	W. F. Herman - Windsor	2:25.52
6-3B	Eliza Smith	Resurrection - Kitchener	2:28.62
10-3C	Emily Evan	Goderich - Goderich	2:33.72
14-3D	Jacoba Baltare	A.B. Lucas - London	2:36.96
4-4A	Melanie Clayton	Medway - Arva	2:26.91
8-4B	Hope Harnack	St. Benedict - Cambridge	2:31.18
12-4C	Lyndsi Hull	Lambton Central - Petrolia	2:35.77
16-4D	Nadine Osman	London Central - London	2:39.35

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Event 8 Men 800 Meter Midget

Saturday 30/05/2015 - 1:45 PM

West Region: 1:55.74 1989

Kevin Sullivan/Brantford-North Park

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	William Stewart	Sir Frederick Banting - London	2:07.89
7-1B	Tyler Young	Centre Wellington - Fergus	2:10.60
11-1C	Ryland Williamson	Catholic Central - London	2:12.95
15-1D	Teddy Wright	Mother Teresa - London	2:17.96
1-2A	Keith Sum	Vincent Massey - Windsor	2:07.15
5-2B	Magdi Tiew	W. F. Herman - Windsor	2:09.70
9-2C	Tyrone Traher	London South - London	2:12.24
13-2D	Connor Sloan	St Thomas of Villanova-Lasalle	2:15.69
2-3A	Nick Forbes	Northern - Sarnia	2:07.39
6-3B	Liam Ogilvie	Guelph - Guelph	2:10.40
10-3C	Filip Popovic	Sir John A Macdonald SS	2:12.69
14-3D	Juan Ortiz	Mother Teresa - London	2:16.45
4-4A	Trevone Zoysa	St. John's College	2:08.07
8-4B	Westley Yates	Our Lady of Lourdes - Guelph	2:11.82
12-4C	Max Cooney	Riverside - Windsor	2:13.26
16-4D	Carson Thayer	Parkside - St. Thomas	2:18.95

Event 9 Women 1500 Meter Midget

Friday 29/05/2015 - 6:20 PM

West Region: 4:33.99 1997

Erin MCLURE / Waterloo CI

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Kyleigh Stubbs	St. Joseph's - St. Thomas	5:16.37
2	Nadine Osman	London Central - London	5:24.55
3	Emily Huras	Waterloo-Oxford - Baden	5:12.19
4	Chloe Walker	Vincent Massey - Windsor	5:01.56
5	Alli Robb	Sir Frederick Banting - London	5:25.07
6	Lauren Frey	Huron Heights - Kitchener	5:08.46
7	Lauren Perkins	Northern - Sarnia	5:13.04
8	Maya Hannagan	Vincent Massey - Windsor	4:53.46
9	Ariel Luinstra	Kincardine - Kincardine	5:12.13
10	Lynnsey Copat	W. F. Herman - Windsor	5:11.17
11	Delainey Johnson	Chatham-Kent - Chatham	4:50.42
12	Alexandra Eigner	Mother Teresa - London	5:32.90
13	Hope Harnack	St. Benedict - Cambridge	5:12.70
14	Zoe Burke	London South - London	5:23.31
15	Laura Millar	Medway - Arva	5:32.06
16	Mackenzie Morgan	Kitchener Waterloo - Kitchener	5:03.20

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Event 10 Men 1500 Meter Midget

Friday 29/05/2015 - 6:20 PM

West Region: 4:01.00 1989

Kevin Sullivan/Brantford-North Park

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Magdi Tiea	W. F. Herman - Windsor	4:30.50
2	Tyrone Traher	London South - London	4:30.11
3	Teddy Wright	Mother Teresa - London	4:46.25
4	Micheal Nasello	General Amherst - Amherstburg	4:28.44
6	Liam Ogilvie	Guelph - Guelph	4:32.59
7	Marcus Kemp	St. Mary's - Kitchener	4:28.38
8	Kyle Wagner	Esc Notre Dame - Woodstock	4:48.27
9	Max Cooney	Riverside - Windsor	4:34.48
10	Nick Forbes	Northern - Sarnia	4:30.29
11	Greg McFarlane	Vincent Massey - Windsor	4:29.92
12	Tyler Young	Centre Wellington - Fergus	4:29.47
13	Mitchell Mowbray	Kitchener Waterloo - Kitchener	4:30.36
14	William Stewart	Sir Frederick Banting - London	4:15.68
15	Eric Morris	Centre Wellington - Fergus	4:28.20
16	Jack Adams	Catholic Central - London	4:41.97

Event 11 Women 3000 Meter Midget

Saturday 30/05/2015 - 3:00 PM

West Region: 9:48.0h 1986

Jennifer ARMSTRONG / London-South

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Morgan Riddell	Resurrection - Kitchener	11:25.72
8-1B	Fiona Costello	Our Lady of Lourdes - Guelph	11:26.17
9-1C	Zoe Burke	London South - London	11:26.82
10-1D	Lynnsey Copat	W. F. Herman - Windsor	11:29.32
11-1E	Tessa Rupert	Vincent Massey - Windsor	11:31.04
12-1F	Kaitlyn Overeem	St. John's College	11:36.77
13-1G	Emma Kestle	Stratford NW - Stratford	12:10.84
14-1H	Siena Buzzelli	Medway - Arva	12:16.50
15-1I	Megan Lave	A.B. Lucas - London	12:29.21
16-1J	Brandy Aspden	East Elgin - Aylmer	12:30.49
1-2A	Delainey Johnson	Chatham-Kent - Chatham	10:27.77
2-2B	Maya Hannagan	Vincent Massey - Windsor	10:45.49
3-2C	Chloe Walker	Vincent Massey - Windsor	11:06.07
4-2D	Emily Huras	Waterloo-Oxford - Baden	11:20.08
5-2E	Kyleigh Stubbs	St. Joseph's - St. Thomas	11:23.44
6-2F	Ariel Luinstra	Kincardine - Kincardine	11:23.97

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Event 12 Men 3000 Meter Midget
Saturday 30/05/2015 - 3:00 PM

West Region: 8:47.3h 1979

Chris BREWSTER / London-Cath. Cen.

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Nicholas Bannon	Centre Dufferin - Shelburne	9:55.70
8-1B	William Stewart	Sir Frederick Banting - London	9:55.79
9-1C	Jan Fiedler	Vincent Massey - Windsor	9:57.50
10-1D	Andrew Davies	Northern - Sarnia	10:00.66
11-1E	Arseniy Chertov	Vincent Massey - Windsor	10:02.83
12-1F	Tyrone Traher	London South - London	10:15.45
13-1G	Jack Adams	Catholic Central - London	10:22.72
14-1H	Stephen Robinson	Sir Wilfrid Laurier - London	10:36.08
15-1I	Andrew McGuire	Stratford NW - Stratford	10:38.13
16-1J	Tommy Hong	John Paul II - London	10:39.79
1-2A	Marcus Kemp	St. Mary's - Kitchener	9:31.52
2-2B	Eric Morris	Centre Wellington - Fergus	9:31.52
3-2C	Sean Mota	St. John's College	9:46.40
4-2D	Mitchell Mowbray	Kitchener Waterloo - Kitchener	9:49.46
5-2E	Micheal Nasello	General Amherst - Amherstburg	9:53.64
6-2F	Greg McFarlane	Vincent Massey - Windsor	9:55.54

Event 13 Women 80 Meter Hurdles Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 29/05/2015 - 2:15 PM

West Region: 11.52 1996

Jessica ZELINKA / London-Banting

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Amy Hasson	Our Lady of Lourdes - Guelph	13.46
2	Lauryn Hibma	Northern - Sarnia	13.69
3	Dana Sherwood	Jacob Hespeler - Cambridge	13.47
4	Jessica McKim	Sandwich - Windsor	13.14
5	Madison Shepley	Harrow - Harrow	14.15
6	Hannah Bosma	East Elgin - Aylmer	14.29
7	Jessica Johnston	F. E. Madill - Wingham	13.76
8	Nike Abiodun	Waterloo Collegiate Institute	12.88
Heat 2 of 2 Prelims			
1	Emma Czenze	Sir Frederick Banting - London	14.35
2	Jasmine Scott-Kilgo	Sandwich - Windsor	13.37
3	Olivia Wolfs	Holy Cross - Strathroy	13.97
4	Tyra Boug	Huron Heights - Kitchener	12.67
5	Mandy Brunet	St Thomas of Villanova-Lasalle	13.56
6	Jessica Forcey	Mother Teresa - London	13.77
7	Mikenna Vanderheyden	Strathroy - Strathroy	13.63
8	Marleigh Baker	Grand River - Kitchener	13.24

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Event 14 Men 100 Meter Hurdles Midget

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Friday 29/05/2015 - 2:15 PM

West Region: 13.12 1998 Paul WHITTY / London-Saunders

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	David Oteng-Pabi	Vincent Massey - Windsor	16.78
2	Hayden Bell	Central Elgin - St. Thomas	15.42
3	Liam Clark	St. Joseph's - St. Thomas	15.86
4	Ryan Pham	Our Lady of Lourdes - Guelph	16.07
5	Aidan Peet	Bishop MacDonnell - Guelph	16.73
6	Tanner Smyth	Central Elgin - St. Thomas	14.99
7	Paul Desjardins	General Amherst - Amherstburg	17.59
8	Tyson Mercurio	St. Patrick's - Sarnia	17.39
Heat 2 of 2 Prelims			
1	Nate Dam	Chatham Christian - Chatham	17.63
2	William Boehmer	Kitchener Waterloo - Kitchener	16.98
3	Lyndon Tang	Sir John A Macdonald SS	15.47
4	Paul McKeand	Cameron Heights - Kitchener	16.37
5	Nathan Hostetler	Medway - Arva	16.15
6	Calum Doherty	A.B. Lucas - London	15.82
7	Liam Mather	London Central - London	13.84
8	Aaron Dugan	St. Anne - Windsor	17.06

Event 15 Women 300 Meter Hurdles Midget

Saturday 30/05/2015 - 11:15 AM

West Region: 43.59 02/06/2012 Lexi Aitken, St. Anne-Clinton

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Katherine Flaherty	Catholic Central - London	55.50
2	Bridgette Crowley	Mother Teresa - London	53.16
3	Madi Sherman	Sir John A Macdonald SS	51.51
4	Callyana Brown	St. Mary's - Kitchener	50.72
5	Addie Mailhot	St. Joseph's - St. Thomas	51.48
6	Amy Hasson	Our Lady of Lourdes - Guelph	52.06
7	Jessica Johnston	F. E. Madill - Wingham	53.21
8	Jenna Bouwman	St. Michael - Stratford	55.71
Section 2 of 2 Timed Finals			
1	Brooke Overholt	St. Michael - Stratford	49.84
2	Tyra Boug	Huron Heights - Kitchener	48.99
3	Jessica McKim	Sandwich - Windsor	48.48
4	Allison Winik	Maranatha Christian - Windsor	48.24
5	Madison Shepley	Harrow - Harrow	48.28
6	Sylvia Dean	Sandwich - Windsor	48.98
7	Taneidra Cain	W. F. Herman - Windsor	49.40
8	Maggie Gibson	Eastwood C I	50.26

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 16 Men 300 Meter Hurdles Midget****Saturday 30/05/2015 - 11:15 AM****West Region: 40.41 28/05/2005 Jeremy Gibbons, Herman**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Mathew Musclow	College Avenue S S	47.06
2	Lyndon Tang	Sir John A Macdonald SS	48.50
3	Rob Maure	Sandwich - Windsor	46.01
4	Tyler Thuss	Holy Cross - Strathroy	48.11
5	Nathan Hostetler	Medway - Arva	46.14
6	Ryan Pham	Our Lady of Lourdes - Guelph	46.85
7	Mauricio Villarreal	St. Mary's - Kitchener	48.25
8	Paul McKeand	Cameron Heights - Kitchener	47.35
Section 2 of 2 Timed Finals			
1	Paul Desjardins	General Amherst - Amherstburg	45.66
2	Miguel Robles	St. Mary's - Kitchener	45.69
3	Justin Bondy	Harrow - Harrow	45.42
4	Alec Trusler	Northern - Sarnia	44.71
5	Rienk VanderPloeg	St. Anne's - Clinton	44.74
6	Tanner Smyth	Central Elgin - St. Thomas	43.58
7	Quinn Chamberlin	Sandwich - Windsor	45.61
8	Quaid Austin	Mitchell - Mitchell	45.84

Event 17 Women High Jump Midget**Friday 29/05/2015 - 5:30 PM****Starting height 1.30 , then by 5cm to 1.50, then by 3cm****West Region: 1.73m 1984 Leanne MADILL / Guelph-Centennial**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Adeleene Thompson	Chatham Christian - Chatham	1.36m
2	Raluca Urian	London Central - London	1.40m
3	Alyssa Tuohy	Centre Dufferin - Shelburne	1.40m
4	Nina Ducre	Sandwich - Windsor	1.42m
5	Jessica Johnston	F. E. Madill - Wingham	1.48m
6	Mya Wilson	St. Clair - Sarnia	1.39m
7	Breanna Pretty	St. Patrick's - Sarnia	1.42m
8	Sara Peters	St. David - Waterloo	1.40m
9	Jordan Low	Grand River - Kitchener	1.40m
10	Adrianna Thompson	London Central - London	1.35m
11	Sammi Vlasmens	Ursuline College - Chatham	1.48m
12	Shaunessy Leatherland	Eastwood C I	1.45m
13	Hailey Carlson	Parkside - St. Thomas	1.35m
14	Julia Samborski	Simcoe - Simcoe	1.40m
15	Mikenna Vanderheyden	Strathroy - Strathroy	1.45m
16	Sarah Semkowski	A.B. Lucas - London	1.48m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 18 Men High Jump Midget****Saturday 30/05/2015 - 10:00 AM****Starting height 1.45, then by 5cm to 1.60, then by 3cm****West Region: 1.90m 02/06/2007 Branden Wilhelm, Woodstock**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Michael Walsh	Medway - Arva	1.80m
2	Tanner Smyth	Central Elgin - St. Thomas	1.60m
3	Chris Olumu	Mother Teresa - London	1.60m
4	Colton Bidner	Lambton Central - Petrolia	1.48m
5	Liam Mather	London Central - London	1.71m
6	Luke Smith	Saunders - London	1.68m
7	Matthew Sevren	Sandwich - Windsor	1.48m
8	Jack Gee	Simcoe - Simcoe	1.65m
9	Brian Zapp	Sir John A Macdonald SS	1.60m
10	Andrew Maxwell	Waterloo-Oxford - Baden	1.60m
11	Branson Thalen	St. Mary's - Owen Sound	1.65m
12	Linden Liles-McCurdy	Sandwich - Windsor	1.48m
13	Nate Smith	Northern - Sarnia	1.43m
14	Michael Vriesema	Maranatha Christian - Windsor	1.61m
15	Reece Embree	London Central - London	1.60m
16	Connor Milne	St. Benedict - Cambridge	1.60m

Event 19 Women Pole Vault Midget**Friday 29/05/2015 - 4:00 PM****1.60,1.80,then by 15****West Region: 2.55m 30/05/2014 Tess Verhoeven, Oakridge****West Region: 2.35m 30/05/2014 Jessie Tsang, Sandwich**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Mikenna Webb	Sir John A Macdonald SS	1.55m
2	Jordan Low	Grand River - Kitchener	1.55m
3	Quinn Macpherson	Cameron Heights - Kitchener	2.00m
4	Samantha McCoy	Lord Dorchester - Dorchester	2.05m
5	Karlie Stam	Vincent Massey - Windsor	2.15m
6	Taylor Wright	Sir John A Macdonald SS	2.15m
7	Maddie Fields	Sandwich - Windsor	2.15m
8	Ella Doornaert	Sandwich - Windsor	2.30m
9	Julia Garant	Walkerville S S-Windsor	2.30m
10	Cree Ward	Cameron Heights - Kitchener	2.30m
11	Ewa Paczowski	Oakridge - London	2.45m
12	Ema Kralik	W. F. Herman - Windsor	2.75m

OFSAA West Regionals
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T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015
Meet Program

Event 20 Men Pole Vault Midget
Friday 29/05/2015 - 2:00 PM

2.20,2.40,then 15cm

West Region: 3.80m 1997		Frank KLUNDERT / Cardinal Carter	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Cooper O'Rourke	Sandwich - Windsor	2.95m
2	Robert Foster	Lord Dorchester - Dorchester	2.20m
3	Filip Popovic	Sir John A Macdonald SS	2.30m
4	Tristen Deshaies	Delhi - Delhi	2.60m
5	Luke McGill	College Avenue S S	2.80m
6	Zeyad Saadi	St. Anne - Windsor	2.80m
7	Lucas Scarfe	Sandwich - Windsor	2.50m
8	Jayden Engberts	Lord Dorchester - Dorchester	2.05m
9	Aidan Peet	Bishop MacDonnell - Guelph	2.80m
10	Ben Kerkhoff	Oakridge - London	2.95m
11	Holden Burdett	Vincent Massey - Windsor	2.65m
12	Andrew Robertson	Owen Sound - Owen Sound	2.45m
13	Lyndon Tang	Sir John A Macdonald SS	2.45m
14	Cooper Murphy	Oakridge - London	3.25m
15	Harald Phelps	Sandwich - Windsor	2.65m

Event 21 Women Long Jump Midget

Friday 29/05/2015 - 2:00 PM

West Region: 5.78m 1996		Jessica ZELINKA / London-Banting	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jolie Kennedy	Parkside - St. Thomas	4.49m
2	Chloe Hillier	Resurrection - Kitchener	4.58m
3	Kayla Biersteker	St. John's College	4.47m
4	Brittany Porter	London South - London	4.62m
5	Carolyn Prins	Chatham Christian - Chatham	4.71m
6	Sara Farquharson	Guelph - Guelph	4.51m
7	Destiney Hawgood	John McGregor Secondary School	4.58m
8	Alexis Smith	F. E. Madill - Wingham	4.46m
9	Kiera Jackson	Leamington - Leamington	4.52m
10	Danielle Lanooy	London Central - London	4.61m
11	Sandi Vanderkooy	East Elgin - Aylmer	4.58m
12	Maddie Sinnamon	Holy Trinity - Simcoe	5.01m
13	Ahijah Watson	Eastwood C I	4.56m
14	Jessica Jordan	Chatham-Kent - Chatham	4.48m
15	Jasmine Scott-Kilgo	Sandwich - Windsor	4.80m
16	Chloe Knox	A.B. Lucas - London	4.84m

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Event 22 Men Long Jump Midget

Friday 29/05/2015 - 3:30 PM

West Region: 6.67m 1979

Ken BERRY / London-Laurier

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Evan John	E.J. Lajeunesse	5.51m
2	Shahmir Khan	Glenview Park - Cambridge	5.90m
3	Spencer Reinhardt	Sacred Heart - Walkerton	5.28m
4	Sean Mei	Vincent Massey - Windsor	5.35m
5	Jake Milne	Guelph - Guelph	5.65m
6	Alec McGregor	John McGregor Secondary School	5.49m
7	Devonté Ballantyne	Strathroy - Strathroy	5.38m
8	Cletus Jaffier	Westminster - London	5.53m
9	Gabe Barnes	Northern - Sarnia	5.16m
10	Neil Chisholm	London Central - London	5.38m
11	Roberto Asy	Catholic Central - Windsor	5.13m
12	Myles Carlson	Parkside - St. Thomas	5.55m
13	Wes Kittle	Orangeville - Orangeville	5.53m
14	Ryland Williamson	Catholic Central - London	5.50m
15	Isaac Mapp	Preston - Cambridge	5.78m
16	Hayden Bell	Central Elgin - St. Thomas	5.61m

Event 23 Women Triple Jump Midget

Saturday 30/05/2015 - 11:30 AM

West Region: 11.53m 28/05/2011 Angela Mercurio, St.Mary's-Kitche

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Carolyn Prins	Chatham Christian - Chatham	10.91m
2	Sydney Doucette	London Central - London	9.33m
3	Breanna Pretty	St. Patrick's - Sarnia	10.12m
4	Haleigh Cole	Glendale - Tillsonburg	9.33m
5	Ahijah Watson	Eastwood C I	10.30m
6	Alyssa Jervais	A.B. Lucas - London	9.04m
7	Sarah Semkowski	A.B. Lucas - London	9.29m
8	Sable Murphy	Holy Trinity - Simcoe	9.76m
9	Danielle Lanooy	London Central - London	9.69m
10	Tamara Grahovac	Cameron Heights - Kitchener	10.63m
11	Ruth Martin	St. James - Guelph	10.23m
12	Nina Ducre	Sandwich - Windsor	10.30m
13	Mya Wilson	St. Clair - Sarnia	10.18m
14	Mandy Brunet	St Thomas of Villanova-Lasalle	10.37m
15	Christy Rizzo	Saunders - London	9.37m
16	Kayla Biersteker	St. John's College	9.80m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 24 Men Triple Jump Midget****Saturday 30/05/2015 - 1:30 PM****West Region: 13.78m 1994****Kriss PETERSON / LaSalle-Sandwich**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Zachary Murch	Bishop MacDonnell - Guelph	11.80m
2	Sean Mei	Vincent Massey - Windsor	11.48m
3	Isaac Mapp	Preston - Cambridge	12.11m
4	Daron Myers	Resurrection - Kitchener	12.41m
5	Neil Chisholm	London Central - London	10.92m
6	Mark Manzano	St. Michael - Stratford	11.52m
7	Ryan Muharrem	Chatham-Kent - Chatham	11.37m
8	Matt Darrell	F. E. Madill - Wingham	10.70m
9	Alec McGregor	John McGregor Secondary School	11.99m
10	Chris Olumu	Mother Teresa - London	11.20m
11	Cletus Jaffier	Westminster - London	10.58m
12	Josh Taylor	Simcoe - Simcoe	11.11m
13	Mitch Deans	F. E. Madill - Wingham	10.71m
14	Shahmir Khan	Glenview Park - Cambridge	12.41m
15	Michael Vriesema	Maranatha Christian - Windsor	11.20m
16	Alec Trusler	Northern - Sarnia	11.39m

Event 25 Women Shot Put Midget**Friday 29/05/2015 - 3:30 PM****West Region: 12.06m 1979****Liz POLYAK / Brantford-North Park**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Elisa Bolinger	Mitchell - Mitchell	11.06m
2	Lydia Abraha	Hon. W.C. Kennedy - Windsor	10.33m
3	Nana-Afia Agyeipah	St. Benedict - Cambridge	10.33m
4	Julia Cressman	Stratford Central - Stratford	9.26m
5	Avery Bathe-Minard	Northern - Sarnia	9.86m
6	Megan Bates	Ingersoll - Ingersoll	11.14m
7	Summer Pahl	St. Mary's - Kitchener	9.62m
8	Jasmine Vader	F. E. Madill - Wingham	9.47m
9	Paloma Ducre	Sandwich - Windsor	10.01m
10	Laura Vis	Emmanuel Christian High School	9.85m
11	Evelyn Mackay-Barr	Paincourt SS	9.90m
12	Fina Pirrone	St Thomas of Villanova-Lasalle	10.52m
13	Yolanda Scarlato	St. James - Guelph	9.56m
14	Taylor Montgomery	F. E. Madill - Wingham	9.46m
15	Analecia Chapman	John F. Ross - Guelph	9.52m
16	Adele St. John	Sir Frederick Banting - London	12.50m

OFSAA West Regionals
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Event 26 Men Shot Put Midget

Friday 29/05/2015 - 2:00 PM

West Region: 18.23m 1982

Dave CROMBEEN / Sarnia-St. Patrick's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Josh Iovino	Sandwich - Windsor	14.35m
2	John Paul Swizawski	E.J. Lajeunesse	12.45m
3	Nick Jagielnik	Mother Teresa - London	11.72m
4	Garrett McAlpine	Oakridge - London	11.45m
5	Marc Charbonneau	St. James - Guelph	13.15m
6	Luke McGill	College Avenue S S	12.54m
7	Cole Belkwell	St. Mary's - Kitchener	12.35m
8	Travis Skinner	Strathroy - Strathroy	12.11m
9	Josh Gaudreau	St. Joseph's - Windsor	12.35m
10	Jake Groenendyk	Bishop MacDonnell - Guelph	12.60m
11	Blake McConville	Sandwich - Windsor	13.90m
12	John Tranton-Allen	Erin - Erin	12.23m
13	Liam O'Halloran	Belle River - Belle River	11.45m
14	Riley Litwiller	Preston - Cambridge	11.99m
15	Brent Whaling	St. Mary's - St. Mary's	11.27m
16	Nathan Gould	Ingersoll - Ingersoll	13.44m

Event 27 Women Discus Throw Midget

Saturday 30/05/2015 - 1:30 PM

West Region: 40.46m 1979

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Kael Prickett	Guelph - Guelph	30.81m
2	Paige Homerston	Glenview Park - Cambridge	21.13m
3	Vivian Kristjansson	Northern - Sarnia	25.34m
4	Adele St. John	Sir Frederick Banting - London	27.35m
5	Alyssa McBeath	Central Huron - Clinton	23.77m
6	Sydney Moller	Woodstock - Woodstock	23.29m
7	Paloma Ducre	Sandwich - Windsor	26.50m
8	Natasha Gubbels	St. Andre Bessette	24.95m
9	Jasmine Vader	F. E. Madill - Wingham	25.39m
10	Megan Bates	Ingersoll - Ingersoll	27.62m
11	Avery Bathe-Minard	Northern - Sarnia	27.29m
12	Nana-Afia Agyeipah	St. Benedict - Cambridge	26.27m
13	Jennelle Smeltzer	Kincardine - Kincardine	22.09m
14	Destinee Heroux	Assumption College - Windsor	28.59m
15	Danielle Simons	St. David - Waterloo	23.48m
16	Mackenzie Mullen	St. Patrick's - Sarnia	27.89m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 28 Men Discus Throw Midget****Saturday 30/05/2015 - 11:30 AM****West Region: 55.14m 2002****Joe POCOCK/Windsor**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Daniel Tome	Our Lady of Lourdes - Guelph	36.34m
2	Josh Gaudreau	St. Joseph's - Windsor	38.62m
3	Victor Luu	Grand River - Kitchener	32.66m
4	Josh Iovino	Sandwich - Windsor	38.79m
5	Michael Acuna	Simcoe - Simcoe	29.88m
6	Kristopher Kearnen-Leitch	Sir Frederick Banting - London	32.26m
7	Lucas Bowers	South Huron - Exeter	31.22m
8	Jake Groenendyk	Bishop MacDonnell - Guelph	37.77m
9	Conner Martin	Medway - Arva	33.92m
10	Trevor Wagner	Lambton Central - Petrolia	34.07m
11	Tyler Donley	Medway - Arva	32.07m
12	Tyler Beneteau	Riverside - Windsor	42.15m
13	Wade MacDonald	Listowel - Listowel	33.59m
14	Robb Moore	Lambton Central - Petrolia	33.58m
15	Cole Belkwil	St. Mary's - Kitchener	39.81m
16	Connor Winrow	Glendale - Tillsonburg	31.16m

Event 29 Women Javelin Throw Midget**Saturday 30/05/2015 - 10:00 AM****West Region: 39.25m 2009****Brooke ROWLAND, Westside**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Sierra McGee	Oakridge - London	26.36m
2	Adele St. John	Sir Frederick Banting - London	28.30m
3	Mackenzie Oke	South Huron - Exeter	28.12m
4	Ciara Murray	Sandwich - Windsor	30.84m
5	Megan Bates	Ingersoll - Ingersoll	28.29m
6	Emma Starrett	Centre Wellington - Fergus	24.72m
7	Julia Cressman	Stratford Central - Stratford	29.81m
8	Danielle Simons	St. David - Waterloo	24.00m
9	Kael Prickett	Guelph - Guelph	29.34m
10	Emilie Diesbourg	Tecumseh Vista Academy A	29.11m
11	Camrynn Schnarr	Sir John A Macdonald SS	22.68m
12	Payton Brodie	Parkside - St. Thomas	24.72m
13	Breeanna Lewis-Parent	Assumption College - Windsor	26.05m
14	Claire Weaver	Valley Heights - Langton	25.24m
15	Kealy Taylor-Noah	Ridgetown District H S	27.26m
16	Aleitte Deng	Catholic Central - Windsor	25.21m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 30 Men Javelin Throw Midget****Friday 29/05/2015 - 5:30 PM****West Region: 61.70m 1982****Dave CROMBEEN / Sarnia-St. Patrick's**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Nick Bennett	Saunders - London	42.92m
2	David Boonstra	Woodland Christian - Breslau	40.25m
3	Lucas Scarfe	Sandwich - Windsor	44.85m
4	Owen Lalonde	St. Joseph's - Windsor	44.73m
5	Jordan Vanderheide	London Christian - London	35.28m
6	Blake McConville	Sandwich - Windsor	46.39m
7	Aiden Bedeir	Holy Cross - Strathroy	39.66m
8	Tie Maniuk	Lambton Central - Petrolia	40.97m
9	Derek Whitney	Simcoe - Simcoe	41.98m
10	Daniel Tome	Our Lady of Lourdes - Guelph	41.11m
11	Conner Martin	Medway - Arva	37.28m
12	Daniel Mailloux-Rogelj	Tecumseh Vista Academy A	40.03m
13	Colton Tyler	St. James - Guelph	42.82m
14	Jackson Medeiros	Parkside - St. Thomas	36.18m
15	Tyler Thuss	Holy Cross - Strathroy	35.53m
16	Owen Malo	Waterloo Collegiate Institute	41.08m

Event 31 Women 4x100 Meter Relay Midget**Friday 29/05/2015 - 7:15 PM****West Region: 49.76 30/05/2014 W. F. Herman - Windsor, Herman, W.F.****J Jackson, S Guimond, A Traore, T Freckleton**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Catholic Central - London	A	55.04
2	St. David - Waterloo	A	54.99
	1) Marilena Mohan	2) Graciela Montes	3) Stephanie Tera 4) Hailey Vezina
3	W. F. Herman - Windsor	A	53.63
	1) Taneidra Cain	2) Paula Dalrymple	3) Samantha Rocheleau 4) Ola Kolade
4	Lambton Central - Petrolia	A	53.77
	1) Alexis McLean	2) Theresa VanDamme	3) Ally Cumming 4) Breanne Black
5	Sir Frederick Banting - London	A	54.68
	1) Emma Czenze	2) Tarryn Bouttharath	3) Andrea Prete 4) Haley Cramer
6	Guelph - Guelph	A	54.59
	1) Sara Farquharson	2) Hannah Polley	3) Kael Prickett
7	St. Andre Bessette	A	55.64
	1) Thalia DaSilva	2) Taylor Tsakoniatis	3) Skylar Carvalho 4) Melissa Duque
8	Our Lady of Lourdes - Guelph	A	55.11
	1) Mia Kurt Favero	2) Hayleigh King	3) Amy Hasson 4) Jada Codrington

**OFSAA West Regionals
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Section 2 of 2 Timed Finals...(Event 31 Women 4x100 Meter Relay Midget)

1	Huron Heights - Kitchener	A		52.95
	1) Zoe Janakovic	2) Tyra Boug	3) Denisa Ratiu	4) Lauren Frey
2	Assumption College - Windsor	A		53.07
	1) Kimora Harris	2) Nyagoa Jock	3) Nyadeni Jordan Simon	4) Anistaysia Pharr
3	Mother Teresa - London	A		52.55
	1) Jessica Forcey	2) Bridgette Crowley	3) Mendim Guse	4) Melissa McColl
4	Resurrection - Kitchener	A		51.97
	1) Melissa Linares	2) Chloe Hillier	3) Justine Bissonnette	4) Eliza Smith
5	St Thomas of Villanova-Lasalle	A		52.19
	1) Jalyn Cirino	2) Mandy Brunet	3) Chloe Gignac	4) Tatjana Kirincic
6	Sandwich - Windsor	A		51.76
	1) Alyssa Jach-Popovich	2) Jasmine Scott-Kilgo	3) Sylvia Dean	4) Jessica McKim
7	A.B. Lucas - London	A		52.71
	1) Gabrielle Williams	2) Chloe Knox	3) Sarah Semkowski	4) Hailey Barnes
8	Medway - Arva	A		52.71

Event 32 Men 4x100 Meter Relay Midget

Friday 29/05/2015 - 7:15 PM

West Region: 45.37 2002 LASALLE-VILLANOVA

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Stratford NW - Stratford	A	50.83
2	Mother Teresa - London	A	49.92
	1) Juan Ortiz	2) Drew Lefebre	3) Darnell LaRose
3	Medway - Arva	A	49.51
4	St. Joseph's - Windsor	A	48.85
	1) Kyle Brothers	2) Evan Ferguson	3) Owen Lalonde
5	St. Mary's - Kitchener	A	48.82
	1) Josh Spurgeon	2) Mauricio Villarreal	3) Miguel Robles
6	Sir John A Macdonald SS	A	49.54
	1) Cameron Hazelwood	2) Osman Mahboob	3) Lyndon Tang
7	Parkside - St. Thomas	A	49.54
	1) Carson Thayer	2) Jackson Medeiros	3) Neil Bennett
8	Jacob Hespeler - Cambridge	A	50.37
	1) Tyler Preddy	2) Jared Maclean	3) Luke Robertson
			4) Xavier Pineda

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 32 Men 4x100 Meter Relay Midget)**

1	St. Anne - Windsor	A		48.12
	1) Aiden Mitrevski	2) Noah Rocheleau	3) Aaron Dugan	4) Frankie Calvaruso
2	Vincent Massey - Windsor	A		48.66
	1) Sean Mei	2) Keith Sum	3) Vic Sum	4) Shahriyar Rahman
3	London South - London	A		46.66
	1) Chase Brown	2) Josh Castle	3) Jake Beadle	4) Sydney Brown
4	Catholic Central - London	A		46.74
5	Holy Names - Windsor	A		46.99
	1) Jake Bailey	2) Tylar Johnston	3) Jake Chalut	4) Michael Herzog
6	Sandwich - Windsor	A		47.43
	1) Austin Tilson	2) Mitchell Bensette	3) Rob Maure	4) Quinn Chamberlin
7	Our Lady of Lourdes - Guelph	A		47.84
	1) Bradley Fraser	2) Mateo Rogue	3) Coleton McCarthy	4) Kerone Johnson
8	Huron Heights - Kitchener	A		48.69
	1) William Lamoureux	2) Alex Temporao	3) Graham Power	4) Dante Townsend

Event 33 Women 100 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 11.89 1995 Margaret FOX / Guelph-Bishop Mac.**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Lena Robinson	St. Anne's - Clinton	12.76
2	Joleen Otten	St. Anne's - Clinton	13.34
3	Hannah Beaumont	Erin - Erin	12.92
4	Cheyne Hall	Vincent Massey - Windsor	13.63
5	Jada Jackson	W. F. Herman - Windsor	12.89
6	Mary Floyd	St. Andre Bessette	13.15
7	Savannah Marra	St Thomas of Villanova-Lasalle	13.46
8	Esmee Hotson	Centre Wellington - Fergus	12.78
Heat 2 of 2 Prelims			
1	Emily Sluys	A.B. Lucas - London	12.82
2	Sarah Hodgson	Jacob Hespeler - Cambridge	12.74
3	Angela Briel	Catholic Central - London	13.40
4	Jordyn Waters	St. David - Waterloo	12.87
5	Antonina Struminski	Mother Teresa - London	12.93
6	Shannon Fowler	Leamington - Leamington	13.73
7	Tanay Freckleton	W. F. Herman - Windsor	13.38
8	Kayla Ens	Sir John A Macdonald SS	12.99

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 34 Men 100 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 10.60 2002****Rhoan STERLING/Galt**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Mathew Shabow	Holy Names - Windsor	12.00
2	Daniel Bamigbade	Cameron Heights - Kitchener	11.65
3	Dante Lewis	W. F. Herman - Windsor	11.86
4	Cole Barnes	St. Joseph's - St. Thomas	10.89
5	Carter Powell	Centennial - Guelph	11.64
6	Kenny Siharath	Cameron Heights - Kitchener	11.38
7	Dylan Franze	Catholic Central - London	11.51
8	Inho Choi	Holy Names - Windsor	11.79

Heat 2 of 2 Prelims

1	Jake Gillis	Central Elgin - St. Thomas	11.76
2	Daniel Valente	Catholic Central - London	11.62
3	Zack McDonald	Our Lady of Lourdes - Guelph	11.69
4	D.J. Armitage-Charlton	North Park - Brantford	11.57
5	Devin Slack-Allen	H.B. Beal - London	11.30
6	James Cooper	Mitchell - Mitchell	11.19
7	Mitchell Wright	General Amherst - Amherstburg	11.88
8	Mardin Lopez	Maranatha Christian - Windsor	11.99

Event 35 Women 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 24.13 1995****Margaret FOX / Guelph-Bishop Mac.**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Cheyne Hall	Vincent Massey - Windsor	27.39
2	Tanay Freckleton	W. F. Herman - Windsor	27.08
3	Megan Dunn	Lord Dorchester - Dorchester	25.64
4	Adi Traore	W. F. Herman - Windsor	26.26
5	Nana Asantey	London Central - London	27.43
6	Hannah Beaumont	Erin - Erin	26.61
7	Jada Jackson	W. F. Herman - Windsor	25.62
8	Megan Beaudry	Lord Dorchester - Dorchester	26.36

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Heat 2 of 2 Prelims...(Event 35 Women 200 Meter Junior)**

1	Savannah Campbell	Elmira - Elmira	26.01
2	Claire Larose	Oakridge - London	26.45
3	Marvelous Agbonwaneteh	Holy Names - Windsor	26.53
4	Ashlan Best	Centennial - Guelph	24.63
5	Destiny Vandenberg	St.Thomas Aquinas - London	27.13
6	Sarah Hodgson	Jacob Hespeler - Cambridge	26.22
7	Kayla Ens	Sir John A Macdonald SS	27.09
8	Ayasha Horner	Sir Frederick Banting - London	27.80

Event 36 Men 200 Meter Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 21.67 1993****Chris ROBINSON / Cambridge-Hespeler**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Jamal Williams	H.B. Beal - London	24.90
2	D.J. Armitage-Charlton	North Park - Brantford	23.66
3	Blaze Sportelli	Riverside - Windsor	23.60
4	Mardin Lopez	Maranatha Christian - Windsor	24.02
5	Logan Smith	John F. Ross - Guelph	23.94
6	Cole Barnes	St. Joseph's - St. Thomas	22.62
7	James Cooper	Mitchell - Mitchell	23.20
8	Patrick Quinland	W. F. Herman - Windsor	23.12

Heat 2 of 2 Prelims

1	Zack McDonald	Our Lady of Lourdes - Guelph	23.24
2	Andrew Cartier	Ursuline College - Chatham	23.92
3	Joshua Woghiren	W. F. Herman - Windsor	22.97
4	Devin Slack-Allen	H.B. Beal - London	23.57
5	Daniel Valente	Catholic Central - London	24.09
6	Dylan Franze	Catholic Central - London	23.66
7	Braden Green	Guelph - Guelph	24.04
8	Owen Read	Elmira - Elmira	22.68

Event 37 Women 400 Meter Junior**Friday 29/05/2015 - 4:00 PM****West Region: 54.56 1994****Nadia SCHMEIDT / London-John Paul II**

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Antonina Struminski	Mother Teresa - London	1:02.49
2	Jessica Hodgkin	Sandwich - Windsor	1:02.80
3	Adi Traore	W. F. Herman - Windsor	1:00.80
4	Camryn Steckel	Oakridge - London	1:01.70
5	Kaitlynn Meier-Ross	Centennial - Guelph	1:00.68
6	Katie Black	Saunders - London	1:01.81
7	Tiarra Davis	Holy Names - Windsor	1:02.66
8	Madi Jarvis	Guelph - Guelph	1:02.03

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 37 Women 400 Meter Junior)**

1	Lucia McElwain	Essex - Essex	1:00.43
2	Zoe Kerhoulas	London Central - London	1:00.23
3	Ashlan Best	Centennial - Guelph	56.72
4	Megan Beaudry	Lord Dorchester - Dorchester	59.06
5	Ally Oulds	Chatham-Kent - Chatham	58.71
6	Megan Dunn	Lord Dorchester - Dorchester	58.11
7	Savannah Campbell	Elmira - Elmira	1:00.16
8	Abbey Steenveld	Bishop MacDonnell - Guelph	1:00.52

Event 38 Men 400 Meter Junior**Friday 29/05/2015 - 4:00 PM****West Region: 47.94 1997****Liam CARD / Port Elgin-Saugeen**

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Josh Mather	Strathroy - Strathroy	54.74
2	Jacob Shackell	Guelph - Guelph	55.08
3	Noah Myers	Lambton Central - Petrolia	53.64
4	Brad Parsons	Bluevale - Waterloo	54.37
5	Nathan Rowe	Grand River - Kitchener	54.46
6	Eric Gareau	Mgsr. Bruyere E S	54.70
7	Ethan Jones	London Central - London	55.05
8	Tyler McNicol	Medway - Arva	55.29

Section 2 of 2 Timed Finals

1	Dout Derder	Catholic Central - London	53.51
2	James Cooper	Mitchell - Mitchell	53.30
3	Owen Read	Elmira - Elmira	52.14
4	Patrick Quinland	W. F. Herman - Windsor	52.18
5	William McBride	W. F. Herman - Windsor	51.11
6	Joshua Woghiren	W. F. Herman - Windsor	51.49
7	Cameron Default	Ursuline College - Chatham	52.94
8	Tim Falco	Rockway Mennonite S	52.26

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 39 Women 800 Meter Junior****Saturday 30/05/2015 - 1:45 PM****West Region: 2:08.52 02/06/2007 Jessica Parry, C. C. London**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Cassidy Sollen	North Lambton - Forest	2:24.10
7-1B	Mackenzie Annis	Bluevale - Waterloo	2:27.18
11-1C	Katie Black	Saunders - London	2:33.05
15-1D	Elizabeth Aarts	St. Mary's - St. Mary's	2:43.98
1-2A	Christine Laurie	Kitchener Waterloo - Kitchener	2:21.00
5-2B	Elizabeth Teasell	Centre Wellington - Fergus	2:25.93
9-2C	Madi Jarvis	Guelph - Guelph	2:30.44
13-2D	Chanelle Pinard	Leamington - Leamington	2:34.74
2-3A	Tiarra Davis	Holy Names - Windsor	2:22.33
6-3B	Kennedy Bourque	St. David - Waterloo	2:26.43
10-3C	Allana Budden	Belle River - Belle River	2:32.06
14-3D	Mikyla Reesor	Sir Wilfrid Laurier - London	2:40.10
4-4A	Camryn Steckel	Oakridge - London	2:25.35
8-4B	Sarah Scott	Northern - Sarnia	2:30.19
12-4C	Nicole Tamming	St. Anne's - Clinton	2:34.00
16-4D	Emilee Power	Glencoe - Glencoe	2:45.96

Event 40 Men 800 Meter Junior**Saturday 30/05/2015 - 1:45 PM****West Region: 1:50.90 2000****Nathan BRANNEN / Preston HS**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Gavin Hughes	St. James - Guelph	2:00.60
7-1B	Jason Holmes	Waterloo-Oxford - Baden	2:05.02
11-1C	Elijah Williams	Riverside - Windsor	2:09.08
15-1D	Mackenzie Berard	Central Huron - Clinton	2:13.60
1-2A	Braydon Clarke	Erin - Erin	2:00.21
5-2B	Austin Ernst-Finnie	Huron Heights - Kitchener	2:04.51
9-2C	Brendan Simone	Holy Names - Windsor	2:08.29
13-2D	Eric Gareau	Mgsr. Bruyere E S	2:10.07
2-3A	Padhal Ruach	St. Andre Bessette	2:00.37
6-3B	Nathan Rowe	Grand River - Kitchener	2:04.84
10-3C	Kiniw Cleland	Riverside - Windsor	2:09.02
14-3D	Jeremy Cunningham	East Elgin - Aylmer	2:13.40
4-4A	William McBride	W. F. Herman - Windsor	2:04.03
8-4B	Cameron Default	Ursuline College - Chatham	2:06.34
12-4C	Dout Derder	Catholic Central - London	2:09.70
16-4D	Tyler Skedgel	West Elgin - West Lorne	2:13.61

OFSAA West Regionals
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Meet Program

Event 41 Women 1500 Meter Junior

Friday 29/05/2015 - 6:20 PM

West Region: 4:28.35 01/06/2007 Jessica Parry, C. C. London

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Martina Tait	St. Anne's - Clinton	5:11.99
2	Laura Parkinson	Catholic Central - London	4:58.29
3	Mikyla Reesor	Sir Wilfrid Laurier - London	5:28.02
4	Sevanne Ghazarian	St. Benedict - Cambridge	4:54.72
5	Emma Davis	Woodstock - Woodstock	5:29.61
6	natalie verschoor	Assumption College - Brantford	4:58.44
7	Madison Burnham	Tecumseh Vista Academy A	4:57.43
8	Sarah Riser	Northern - Sarnia	5:03.78
9	Isabella Biondi	H.B. Beal - London	5:37.55
10	Cassidy Sollen	North Lambton - Forest	5:05.54
11	Christine Laurie	Kitchener Waterloo - Kitchener	4:56.38
12	Madeleine Ghazarian	Preston - Cambridge	4:57.64
13	Sarah Scott	Northern - Sarnia	5:11.82
14	Sam Boussey	St Thomas of Villanova-Lasalle	5:20.53
15	Alyssa Portillo	Sir Wilfrid Laurier - London	5:34.24
16	Juliette Davies	Cameron Heights - Kitchener	4:57.12

Event 42 Men 1500 Meter Junior

Friday 29/05/2015 - 6:20 PM

West Region: 3:49.3h 1994 Jay CANTIN / Sarnia-St. Clair

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Noah Harding	Northern - Sarnia	4:28.51
2	Brandon Marusic	Holy Names - Windsor	4:24.66
3	Kiniw Cleland	Riverside - Windsor	4:24.89
4	Brady Esler	Catholic Central - London	4:32.52
5	Jeremy Cunningham	East Elgin - Aylmer	4:35.17
6	Brendan Simone	Holy Names - Windsor	4:18.82
7	Callum MacGregor	St. James - Guelph	4:15.02
8	Andre Tomasian	St Thomas of Villanova-Lasalle	4:35.07
9	Levi Shimer-Whitehead	London Central - London	4:25.68
10	Gavin Hughes	St. James - Guelph	4:15.83
11	Zach Staffell	Clarke Road S S	4:35.45
12	Alexander Tulloch	Georgian Bay SS	4:31.67
13	Drew Horner	South Huron - Exeter	4:40.47
14	Quinton Cofell	Sir Frederick Banting - London	4:32.03
15	Brandon Sellers	Huron Heights - Kitchener	4:33.62
16	Braydon Clarke	Erin - Erin	4:11.11

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 43 Women 3000 Meter Junior****Saturday 30/05/2015 - 1:15 PM****West Region: 9:50.02 2001****Amy KOHLMEIER /Sarnia-St.Patrick's**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Sarah Riser	Northern - Sarnia	11:05.93
8-1B	Martina Tait	St. Anne's - Clinton	11:08.05
9-1C	Elizabeth Teasell	Centre Wellington - Fergus	11:17.17
10-1D	Leah Heil	Walkerville S S-Windsor	11:44.59
11-1E	Daniela Papac	Assumption College - Windsor	11:47.04
12-1F	Emma Davis	Woodstock - Woodstock	11:50.32
13-1G	Sophia Slater	St. Mary's - St. Mary's	11:54.92
14-1H	Holly Doneff	Oakridge - London	11:58.04
15-1I	Margaret Atkinson	Catholic Central - London	11:58.43
16-1J	Gabrielle Fuerth	Essex - Essex	12:05.84
1-2A	Madeleine Ghazarian	Preston - Cambridge	10:27.59
2-2B	Sevanne Ghazarian	St. Benedict - Cambridge	10:27.60
3-2C	Juliette Davies	Cameron Heights - Kitchener	10:39.96
4-2D	natalie verschoor	Assumption College - Brantford	10:45.87
5-2E	Madison Burnham	Tecumseh Vista Academy A	10:47.34
6-2F	Laura Parkinson	Catholic Central - London	10:59.14

Event 44 Men 3000 Meter Junior**Saturday 30/05/2015 - 1:15 PM****West Region: 8:35.46 2001****Adam HORTIAN / Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Sam Nusselder	Saugeen District	9:34.19
8-1B	Matt Talbot	Medway - Arva	9:36.14
9-1C	Joseph De Sousa	Mgsr. E.A. Doyle - Cambridge	9:39.92
10-1D	Thador Tekhli	Chatham-Kent - Chatham	9:47.77
11-1E	Connor MacRobbie	Lambton Central - Petrolia	9:49.99
12-1F	Andre Tomasian	St Thomas of Villanova-Lasalle	9:52.07
13-1G	Marcel Scheele	St. Mary's - St. Mary's	9:53.76
14-1H	Brady Esler	Catholic Central - London	9:55.11
15-1I	Quinton Cofell	Sir Frederick Banting - London	10:00.78
16-1J	Drew Horner	South Huron - Exeter	10:04.11
1-2A	Callum MacGregor	St. James - Guelph	9:19.89
2-2B	Alexander Maycock	Orangeville - Orangeville	9:23.40
3-2C	Tyler Jones	Sandwich - Windsor	9:26.09
4-2D	Cole Hannam	St. James - Guelph	9:26.99
5-2E	Levi Shimer-Whitehead	London Central - London	9:27.23
6-2F	Brandon Marusic	Holy Names - Windsor	9:28.91

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 45 Women 80 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 2:15 PM****West Region: 11.01 1998 Jessica ZELINKA / London-Banting**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Cassandra Buchan	Centennial - Guelph	13.14
2	Erin Kuepfer	St. Michael - Stratford	12.27
3	Nia Holmes	General Amherst - Amherstburg	13.09
4	Marvelous Agbonwaneteh	Holy Names - Windsor	13.60
5	Julia Crovetto	Sir John A Macdonald SS	12.71
6	Katy Magoffin	Woodstock - Woodstock	12.28
7	Marissa Uzonyi	Lambton Central - Petrolia	13.46
8	Skyla Minaker	Northern - Sarnia	12.68

Heat 2 of 2 Prelims

1	Jocelyn Ballantyne	Stratford Central - Stratford	13.39
2	Maddy Smith	Resurrection - Kitchener	12.85
3	Destiny Vandenberg	St.Thomas Aquinas - London	12.28
4	Maddy Michaud	St Thomas of Villanova-Lasalle	14.04
5	Alicsa Melvin	St. David - Waterloo	11.94
6	Abby Jackson	St. Andre Bessette	12.77
7	Vanessa Gunnell	St. Andre Bessette	13.39
8	Serena Barry	Sir John A Macdonald SS	12.38

Event 46 Men 100 Meter Hurdles Junior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 2:15 PM****West Region: 13.15 30/05/2014 Joey Daniels, Cameron Heights**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Zeyan Butt	Huron Heights - Kitchener	14.20
2	Adam Jang	St.Thomas Aquinas - London	15.91
3	Adam Dougall	Sir John A Macdonald SS	15.02
4	Adam Lee	John F. Ross - Guelph	14.44
5	Evan Krebs	St. Anne's - Clinton	15.19
6	Ethan Nelson	Sandwich - Windsor	17.45
7	Jaxon Gordon	St. Patrick's - Sarnia	16.92
8	James Muharrem	Chatham-Kent - Chatham	15.47

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Heat 2 of 2 Prelims...(Event 46 Men 100 Meter Hurdles Junior)**

1	Eric Pierce	Strathroy - Strathroy	15.42
2	Harris Schaubel	Centennial - Guelph	14.54
3	James Shaw	General Amherst - Amherstburg	16.80
4	Tyrell Mairs-Onwumere	H.B. Beal - London	14.06
5	Travis Kimball	Harrow - Harrow	17.46
6	Jon Sergio	Catholic Central - London	16.29
7	Tony Shi	Waterloo Collegiate Institute	14.47
8	Kevin Rops	St. Michael - Stratford	15.34

Event 47 Women 300 Meter Hurdles Junior**Saturday 30/05/2015 - 11:15 AM****West Region: 41.78 1994****Nadia SCHMEIDT / London-John Paul II**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Samantha Lawson	Central Huron - Clinton	50.62
2	Brittney Wouters	Parkside - St. Thomas	51.59
3	Mikayla Carmichael	Cameron Heights - Kitchener	48.15
4	Kaitlynn Meier-Ross	Centennial - Guelph	47.52
5	Destiny Vandenberg	St.Thomas Aquinas - London	47.70
6	Nia Holmes	General Amherst - Amherstburg	47.47
7	Serena Barry	Sir John A Macdonald SS	49.45
8	Mylene Tu	Holy Names - Windsor	49.55
Section 2 of 2 Timed Finals			
1	Erin Kuepfer	St. Michael - Stratford	46.71
2	Jessica Hodgkin	Sandwich - Windsor	47.37
3	Ally Oulds	Chatham-Kent - Chatham	44.84
4	Katie Beaudry	Lord Dorchester - Dorchester	46.25
5	Lucia McElwain	Essex - Essex	45.21
6	Claire Larose	Oakridge - London	44.62
7	Esmee Hotson	Centre Wellington - Fergus	46.87
8	Abbey Steenveld	Bishop MacDonnell - Guelph	47.02

Event 48 Men 300 Meter Hurdles Junior**Saturday 30/05/2015 - 11:15 AM****West Region: 38.11 1996****Jeff ELLIS/Orangeville**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Nojah Parker	College Avenue S S	44.76
2	Brad Ball	St.Thomas Aquinas - London	44.72
3	Elijah Jimenez	John F. Ross - Guelph	42.92
4	Ian Cameron	Chatham-Kent - Chatham	43.04
5	Inho Choi	Holy Names - Windsor	43.67
6	Evan Krebs	St. Anne's - Clinton	43.89
7	Tyler McNicol	Medway - Arva	44.62
8	Laith Al-Kinani	Vincent Massey - Windsor	43.98

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 48 Men 300 Meter Hurdles Junior)**

1	Matthew MacGillivray	Catholic Central - London	41.26
2	Tony Shi	Waterloo Collegiate Institute	42.09
3	Zeyan Butt	Huron Heights - Kitchener	40.83
4	Tyrell Mairs-Onwumere	H.B. Beal - London	40.69
5	Blaze Sportelli	Riverside - Windsor	40.77
6	James Muharrem	Chatham-Kent - Chatham	40.76
7	Owen Read	Elmira - Elmira	41.08
8	Harris Schaubel	Centennial - Guelph	41.59

Event 49 Women High Jump Junior**Saturday 30/05/2015 - 11:30 AM****Starting height 1.35, then by 5cm to 1.50, then by 3cm****West Region: 1.77m 1985****Catherine BOND / Woodstock CI**

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Chelsea Hayden	Medway - Arva	1.50m
2	Kali Holmes	St. Andre Bessette	1.40m
3	Sarah McCormick	Lambton Central - Petrolia	1.41m
4	Carsyn Cassidy	Saugeen District	NH
5	Julia Croveto	Sir John A Macdonald SS	1.50m
6	Katie Beaudry	Lord Dorchester - Dorchester	1.55m
7	Eseosa Nosakhare	Bluevale - Waterloo	1.45m
8	Sophie Daly	Ursuline College - Chatham	1.44m
9	Ashley Ritzer	Sandwich - Windsor	1.47m
10	Sydney Adams	North Park - Brantford	1.45m
11	Erin McMahan	Listowel - Listowel	1.35m
12	Dana Ruthven	St Thomas of Villanova-Lasalle	1.33m
13	Madison Schwartz	Medway - Arva	1.40m
14	Jamie Cunningham	Sandwich - Windsor	1.41m
15	Avery Howard	Simcoe - Simcoe	1.40m
16	Emily Branderhorst	London Christian - London	1.50m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 50 Men High Jump Junior****Saturday 30/05/2015 - 1:30 PM****Starting height 1.55 m, then by 5cm to 1.70, then by 3cm****West Region: 2.01m 1984 Andrew MCLEAN / Arva-Medway**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Wesley Freeman	Simcoe - Simcoe	1.85m
2	Jack Demaree	Glendale - Tillsonburg	1.70m
3	Ben Lammers	London Christian - London	1.65m
4	Jorrel Grant	W. F. Herman - Windsor	1.68m
5	Eric Pierce	Strathroy - Strathroy	1.76m
6	McCaiden Dixon	Centre Wellington - Fergus	1.70m
7	Jesse Devogelaere	St. Anne - Windsor	1.74m
8	Matt Pfefferkorn	Waterloo Collegiate Institute	1.85m
9	Ben Newell	F. E. Madill - Wingham	1.73m
10	Devon Costa	St. David - Waterloo	1.70m
11	Austin McLeod	Saunders - London	1.60m
12	Isaak Tucker	St. Patrick's - Sarnia	1.60m
13	Emmanuel Agong	Catholic Central - Windsor	1.68m
14	Nicholas Munroe	St. Mary's - Kitchener	1.65m
15	Liam Schoneveld	College Avenue S S	1.65m
16	Noah Friesen	Leamington - Leamington	1.71m

Event 51 Women Pole Vault Junior**Saturday 30/05/2015 - 9:30 AM****1.80,2.00,then15cm****West Region: 3.70m 28/05/2010 Alysha Newman, Mother Teresa**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Stephanie Muir	Lord Dorchester - Dorchester	2.35m
2	Megan Hill	Oakridge - London	2.50m
3	Winnie Wong	Vincent Massey - Windsor	2.00m
4	Shalom Howe	Cameron Heights - Kitchener	1.85m
5	Denise Bueno	Assumption College - Windsor	2.15m
6	Sydney Raspberry	Cameron Heights - Kitchener	2.00m
7	Naomi Henry	Brantford - Brantford	2.30m
8	Kiana Yoon	Cameron Heights - Kitchener	2.15m
9	Amelia Waud	London Central - London	2.65m
10	Daria Aiton	Sandwich - Windsor	2.15m
11	Katy Magoffin	Woodstock - Woodstock	3.00m
12	Anna Chadwick	Sandwich - Windsor	1.85m
13	Jordyn Riehl	Stratford NW - Stratford	2.20m
14	Kathleen Bialik	Saunders - London	2.05m
15	Madison Bardoel	St. Anne - Windsor	2.75m
16	Jamie Lorentz	Sir John A Macdonald SS	2.15m

OFSAA West Regionals
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Event 52 Men Pole Vault Junior
Friday 29/05/2015 - 6:00 PM

2.30,2.50,2.70, then15cm

West Region: 4.40m 1991		Mike NOLAN / Lord Dorchester	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Daniel Burmaster	Jacob Hespeler - Cambridge	2.55m
2	Bryan Mathieu	Sandwich - Windsor	2.95m
3	Nojah Parker	College Avenue S S	4.00m
4	Graham Smith	Sir John A Macdonald SS	2.70m
5	Kareem Mohammed	Sandwich - Windsor	2.80m
6	Chris Vangalen	Jacob Hespeler - Cambridge	2.70m
7	Colin Chappus	Sandwich - Windsor	2.95m
8	Griffin Jones	Sir John A Macdonald SS	2.40m
9	Jesse Devogelaere	St. Anne - Windsor	3.55m
10	Trevor Barrette	Vincent Massey - Windsor	2.80m
11	William Cullen	Sir John A Macdonald SS	3.15m

Event 53 Women Long Jump Junior
Friday 29/05/2015 - 5:30 PM

West Region: 5.76m 1981		Tina LETOURNEAU / Windsor-Brennan	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Angel Lloyd	Grand River - Kitchener	4.68m
2	Daniela Faienza	Bishop MacDonnell - Guelph	4.62m
3	Emily Branderhorst	London Christian - London	4.77m
4	Maya Sokolowski	St. David - Waterloo	4.74m
5	Madison Mitchell	Cameron Heights - Kitchener	4.52m
6	Claire Larose	Oakridge - London	5.33m
7	Alissa Melvin	St. David - Waterloo	5.37m
8	Jada Jackson	W. F. Herman - Windsor	4.84m
9	Sharon Ocheje	Vincent Massey - Windsor	4.63m
10	Zoe Kerhoulas	London Central - London	4.84m
11	Mattea Deleary	Chatham-Kent - Chatham	4.66m
12	Ally Carr	Parkside - St. Thomas	4.78m
13	Emily Sluys	A.B. Lucas - London	5.04m
14	Skyla Minaker	Northern - Samia	4.73m
15	Laura McGregor	Central Huron - Clinton	4.67m
16	Marissa Mueller	Lambton Central - Petrolia	4.66m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 54 Men Long Jump Junior****Saturday 30/05/2015 - 10:00 AM****West Region: 7.18m 1999****Paul WHITTY / London-Saunders**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Patrick Doungchantha	Catholic Central - Windsor	5.73m
2	Mathew Shabow	Holy Names - Windsor	5.88m
3	Kenny Siharath	Cameron Heights - Kitchener	6.49m
4	Mike Cunnington	Montcalm - London	5.95m
5	Peter Brown	Woodland Christian - Breslau	5.79m
6	Alex Needs	ES L'Essor - Tecumseh	6.04m
7	Austin McLeod	Saunders - London	5.91m
8	Princely Onaifo	Cameron Heights - Kitchener	5.62m
9	Ethan Rigby	Medway - Arva	5.53m
10	Ethan Jones	London Central - London	5.65m
11	Keyshaun Jordan	John McGregor Secondary School	5.92m
12	Ryan Esler	Regina Mundi College - London	5.86m
13	Nathan Rowe	Grand River - Kitchener	5.51m
14	Adam Lee	John F. Ross - Guelph	6.77m
15	Logan Panek	Sandwich - Windsor	6.25m
16	Liam Eason	Central Elgin - St. Thomas	5.64m

Event 55 Women Triple Jump Junior**Friday 29/05/2015 - 2:00 PM****West Region: 11.94m 1995****Monique HAAN / London Christian**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Angel Lloyd	Grand River - Kitchener	9.83m
2	Emily Sluys	A.B. Lucas - London	10.83m
3	Lindsay Cunningham	Bishop MacDonnell - Guelph	9.72m
4	Skyla Minaker	Northern - Sarnia	10.49m
5	Erin Kuepfer	St. Michael - Stratford	10.51m
6	Jasmine DeWeerd	Woodland Christian - Breslau	9.42m
7	Ayla Jacobs	Chatham-Kent - Chatham	10.50m
8	Lindsay Kleuskens	Saunders - London	9.81m
9	Meridith Fisher	Central Elgin - St. Thomas	10.61m
10	Jamie Eckert	Central Huron - Clinton	10.15m
11	Eseosa Nosakhare	Bluevale - Waterloo	10.59m
12	Sharon Ocheje	Vincent Massey - Windsor	10.44m
13	Avery Wedow	St. Michael - Stratford	10.10m
14	Maya Sokolowski	St. David - Waterloo	9.86m
15	Jamie Cunningham	Sandwich - Windsor	10.53m
16	Lucia McElwain	Essex - Essex	10.70m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 56 Men Triple Jump Junior****Friday 29/05/2015 - 3:30 PM****West Region: 15.22m 2000****Kenen SHADD / Kitchner-Grand River CI**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Mike Cunningham	Montcalm - London	11.93m
2	Brayden Klemens	Leamington - Leamington	11.89m
3	Austin McLeod	Saunders - London	12.03m
4	Liam Eason	Central Elgin - St. Thomas	12.40m
5	Jordan Klassen	Belle River - Belle River	12.71m
6	George Okot	St. Mary's - Kitchener	11.77m
7	Ryan Esler	Regina Mundi College - London	12.14m
8	Michael Dekort	Medway - Arva	12.22m
9	Emmanuel Agong	Catholic Central - Windsor	12.35m
10	Adam Lee	John F. Ross - Guelph	12.59m
11	Jordan Rogers	Glenview Park - Cambridge	11.76m
12	Kenny Siharath	Cameron Heights - Kitchener	13.03m
13	Keyshaun Jordan	John McGregor Secondary School	12.89m
14	Robert Adams	A.B. Lucas - London	11.89m
15	Logan Panek	Sandwich - Windsor	13.19m
16	Barrett Work	John F. Ross - Guelph	12.05m

Event 57 Women Shot Put Junior**Saturday 30/05/2015 - 10:00 AM****West Region: 13.30m 1981****Liz POLYAK / Brantford - North Park**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Lindsay Kleuskens	Saunders - London	9.70m
2	Hunter Smith	Central Elgin - St. Thomas	10.31m
3	Julia Crovetto	Sir John A Macdonald SS	10.35m
4	Elise Pinsonneault	Paincourt SS	11.47m
5	Thongdiar Keror	Catholic Central - Windsor	9.81m
6	Emily Roy	Sandwich - Windsor	10.48m
7	Monique Theriault	Sandwich - Windsor	11.45m
8	Rachel Campbell	Sir Frederick Banting - London	10.37m
9	Laura Wakeling	Walkerville S S-Windsor	9.95m
10	Emily Campbell	Saunders - London	9.68m
11	Brenda Ruccolo	Central Huron - Clinton	10.18m
12	Cherewka Kailee	Brantford - Brantford	10.87m
13	Hailey Evelyn	Preston - Cambridge	10.58m
14	Lisa Wedel	John F. Ross - Guelph	11.61m
15	Catie Terrey	John F. Ross - Guelph	10.27m
16	Kendra Cornelissen	East Elgin - Aylmer	10.27m

OFSAA West Regionals
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Event 58 Men Shot Put Junior

Friday 29/05/2015 - 5:30 PM

West Region: 17.41m 2009

Jordan YOUNG, St.Joseph St.Thomas

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Joel Stenning	London South - London	12.48m
2	Spencer Nichols	London South - London	14.83m
3	Tyrel Pierce	London South - London	13.71m
4	Ryan Chatterson	North Park - Brantford	13.18m
5	Spencer Vanderlaan	Maranatha Christian - Windsor	14.39m
6	Logan McNamara	Sandwich - Windsor	13.48m
7	Chris Brewster	St. John's College	14.76m
8	Orlando campbell	Mitchell - Mitchell	13.47m
9	Mitch Ward	F. E. Madill - Wingham	12.06m
10	Kenny Girardin	Sandwich - Windsor	13.85m
11	Anthony Atkinson	John McGregor Secondary School	15.47m
12	Emmanuel Ituara	Catholic Central - London	12.18m
13	Brandon Ferigo	Guelph - Guelph	14.22m
14	Tony Elliott	Sacred Heart - Walkerton	15.21m
15	Brandon Wilson	St. Mary's - Owen Sound	13.86m
16	Johnny Vanos	St. Patrick's - Sarnia	14.08m

Event 59 Women Discus Throw Junior

Friday 29/05/2015 - 3:30 PM

West Region: 44.24m 1981

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Erica Forshaw	ES L'Essor - Tecumseh	27.97m
2	Camilla Marangelli	Tecumseh Vista Academy A	28.29m
3	Abby Whiteye	Northern - Sarnia	25.91m
4	Jill Kettlewell	Strathroy - Strathroy	24.25m
5	Catie Terrey	John F. Ross - Guelph	24.20m
6	Hailey Evelyn	Preston - Cambridge	24.97m
7	Rebecca Slater	Strathroy - Strathroy	24.93m
8	Cherewka Kailee	Brantford - Brantford	29.69m
9	Rachel Campbell	Sir Frederick Banting - London	31.85m
10	Lisa Wedel	John F. Ross - Guelph	26.16m
11	Morgan Rombouts	North Lambton - Forest	26.57m
12	Sydney Wightman	F. E. Madill - Wingham	27.71m
13	Alyssa Puskaric	Tecumseh Vista Academy A	25.08m
14	Lindsay Kleuskens	Saunders - London	28.08m
15	Kendra Cornelissen	East Elgin - Aylmer	25.91m
16	Chloe Feierabend	Grand River - Kitchener	23.33m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 60 Men Discus Throw Junior****Friday 29/05/2015 - 2:00 PM****West Region: 61.26m 2009****Jordan YOUNG, St.Joseph St. Thomas**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Dan Taylor	Medway - Arva	41.65m
2	Parker Morris	Holy Trinity - Simcoe	43.28m
3	Ben Newell	F. E. Madill - Wingham	43.79m
4	Collin Burrowes	Northern - Sarnia	46.19m
5	Andrew Bradshaw	Northern - Sarnia	41.69m
6	Liam Schoneveld	College Avenue S S	40.40m
7	Spencer Vanderlaan	Maranatha Christian - Windsor	40.49m
8	Bennett VanBerlo	St.Thomas Aquinas - London	45.50m
9	Brandon Wilson	St. Mary's - Owen Sound	41.42m
10	Harrison Taylor	Southwood - Cambridge	42.62m
11	Mitch Ward	F. E. Madill - Wingham	38.39m
12	Dakota Loosemore	Bluevale - Waterloo	44.11m
13	Anthony Atkinson	John McGregor Secondary School	43.73m
14	Youssef El-Nassar	Holy Names - Windsor	41.70m
15	Tony Elliott	Sacred Heart - Walkerton	55.45m
16	Josh Moorhouse	Medway - Arva	39.11m

Event 61 Women Javelin Throw Junior**Saturday 30/05/2015 - 1:30 PM****West Region: 48.84m 1989****Margaret GRIFFITHS / Windsor-Brennan**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jordyn Riehl	Stratford NW - Stratford	26.02m
2	Katherine Gatto	Our Lady of Lourdes - Guelph	24.55m
3	Emily Roy	Sandwich - Windsor	36.51m
4	Jill Kettlewell	Strathroy - Strathroy	24.80m
5	Logan Kucera	Chatham-Kent - Chatham	33.01m
6	Justine Broersma	Emmanuel Christian High School	26.29m
7	Miana Atkinson	St. Andre Bessette	25.20m
8	Megan Dunn	Lord Dorchester - Dorchester	29.76m
9	Hailey Evelyn	Preston - Cambridge	29.45m
10	Alyssa Puskaric	Tecumseh Vista Academy A	34.42m
11	Carleigh Labelle	W. F. Herman - Windsor	36.94m
12	Tessa Deighton	Stratford NW - Stratford	26.49m
13	Marissa Mueller	Lambton Central - Petrolia	32.95m
14	Maddy Smith	Resurrection - Kitchener	26.99m
15	Emily Campbell	Saunders - London	28.83m
16	Kai Wilson	Waterloo-Oxford - Baden	23.73m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 62 Men Javelin Throw Junior****Saturday 30/05/2015 - 11:30 AM****West Region: 61.10m 2009****Tyler WITHERS, Northern**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Daniel McRoberts	Stratford NW - Stratford	45.51m
2	Jonathan Das	Holy Cross - Strathroy	44.38m
3	Ben Newell	F. E. Madill - Wingham	46.66m
4	Nevin Novacco	Belle River - Belle River	48.65m
5	Tavien French-Roberts	W. F. Herman - Windsor	50.66m
6	Dakota Loosemore	Bluevale - Waterloo	39.05m
7	Josh Mather	Strathroy - Strathroy	55.38m
8	Jamie Haskett	Simcoe - Simcoe	42.13m
9	Ben Vanzant	Westside Secondary-Orangeville	43.61m
10	Joe Tran	Guelph - Guelph	39.12m
11	Marlow Carter	Holy Cross - Strathroy	47.96m
12	Josh Moorhouse	Medway - Arva	48.53m
13	Andrew Bradshaw	Northern - Sarnia	46.81m
14	Shayne Purdy	General Amherst - Amherstburg	45.99m
15	Quinn Allen	Sandwich - Windsor	46.94m
16	Brandon Wilson	St. Mary's - Owen Sound	38.60m

Event 63 Women 4x100 Meter Relay Junior**Friday 29/05/2015 - 7:15 PM****West Region: 49.80 2006****LONDON - BANTING****K. Law,M.Harris,B.Rausch,S.Malek**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Cameron Heights - Kitchener	A	54.52
	1) Tomi Bamigbade	2) Jaia Riggan	3) Madison Mitchell
			4) Mikayla Carmichael
2	St Thomas of Villanova-Lasalle	A	52.65
	1) Jada Atherley	2) Viansa Guiotto	3) Savannah Marra
			4) Maddy Michaud
3	Holy Names - Windsor	A	52.59
	1) Mylene Tu	2) Georgia Fox	3) Paige Shepley
			4) Marvelous Agbonwaneteh
4	Chatham-Kent - Chatham	A	52.23
	1) Mattea Deleary	2) Jessica Jordan	3) Jana Kucera
			4) Ally Oulds
5	London Central - London	A	52.51
	1) Nana Asantey	2) Zoe Kerhoulas	3) Nita Rrafshi
			4) Aliyah Smith
6	Catholic Central - London	A	52.57
7	Lambton Central - Petrolia	A	52.65
	1) Sara Donais	2) Sarah McCormick	3) Marissa Uzonyi
			4) Aneissa Gutcher
8	Parkside - St. Thomas	A	54.23
	1) Cassidy Kent	2) Payton Brodie	3) Jem Vanderworp
			4) Brittney Wouters

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Section 2 of 2 Timed Finals...(Event 63 Women 4x100 Meter Relay Junior)

1	Resurrection - Kitchener	A		52.18
	1) Maddy Smith	2) Michaela Quirk	3) Sammy Dietrich	4) Christina Sullivan
2	St. Andre Bessette	A		51.74
	1) Abby Jackson	2) Ivana Rozek	3) Mary Floyd	4) Vanessa Gunnell
3	W. F. Herman - Windsor	A		50.21
	1) Jada Jackson	2) Adi Traore	3) Tanay Freckleton	4) Sherye Guimond
4	Sir John A Macdonald SS	A		51.05
	1) Julia Crovetto	2) Serena Barry	3) Maliha Mundh	4) Kayla Ens
5	Centennial - Guelph	A		51.41
	1) Kaitlynn Meier-Ross	2) Cassandra Buchan	3) Taylor Kampstra	4) Ashlan Best
6	St. David - Waterloo	A		51.00
	1) Jordyn Waters	2) Maddie Bowman	3) Mackenzie Denomme	4) Alissa Melvin
7	St. Michael - Stratford	A		52.11
8	St. Anne's - Clinton	A		52.03
	1) Lena Robinson	2) Joleen Otten	3) Nicole Tamming	4) Emily Hruka

Event 64 Men 4x100 Meter Relay Junior

Friday 29/05/2015 - 7:15 PM

West Region: 43.15 2002 LONDON-CATHOLIC CENTRAL

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Medway - Arva	A	48.31
2	Strathroy - Strathroy	A	48.33
	1) Cole Palecek	2) Tiger Poirier	3) Josh Mather
3	Catholic Central - Windsor	A	47.18
	1) Roberto Asy	2) Caleb Akinsanya	3) Patrick Douangchantha
4	Guelph - Guelph	A	46.68
	1) Braden Green	2) Blair Jenkins	3) Jacob Shackell
5	Waterloo-Oxford - Baden	A	46.68
	1) Zachary Witt	2) Troy Hemmerich	3) Jason Holmes
6	Lambton Central - Petrolia	A	46.99
	1) James White	2) Garrett Miller	3) Connor MacRobbie
7	St.Thomas Aquinas - London	A	48.36
	1) Adam Jang		
8	Mitchell - Mitchell	A	47.54
	1) Quaid Austin	2) Greg Bertens	3) Orlando campbell
			4) James Cooper

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 64 Men 4x100 Meter Relay Junior)**

1	Vincent Massey - Windsor	A		46.07
	1) Laith Al-Kinani	2) Andrew Bezarevic	3) Trevor Barrette	4) Ali Sayed-Ali
2	Centennial - Guelph	A		45.91
	1) Harris Schaubel	2) Carter Powell	3) Olamipo Ogunnote	4) Dylan Jamieson
3	Catholic Central - London	A		45.28
4	W. F. Herman - Windsor	A		45.03
	1) Joshua Woghiren	2) William McBride	3) Dante Lewis	4) Patrick Quinland
5	Holy Names - Windsor	A		45.53
	1) Martin Dang	2) David Cervini	3) Mathew Shabow	4) Inho Choi
6	H.B. Beal - London	A		45.14
	1) Jamal Williams	2) Devin Slack-Allen	3) Joseph Varfee	4) Tyrell Mairs-Onwumere
7	John F. Ross - Guelph	A		46.17
	1) Logan Smith	2) Adam Lee	3) Barrett Work	4) Jake Zhao
8	Cameron Heights - Kitchener	A		45.77
	1) Princely Onaifo	2) Kenny Siharath	3) Anthony Burgess	4) Daniel Bamigbade

Event 65 Women 100 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 11.89 27/05/2011 Jellisa Westney, St. Benedict**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Kelly Hodgins	Northern - Sarnia	12.68
2	Isabelle Gibney	Sir Frederick Banting - London	12.89
3	Zoe Cotton	Mother Teresa - London	12.70
4	Madeline McCloskey	Essex - Essex	13.39
5	Tiffany Hannam	Sir Frederick Banting - London	12.20
6	Alessia Mussio	St. Anne - Windsor	13.35
7	Kendra Puttick	Waterloo Collegiate Institute	12.96
8	Nicole Smith	Galt - Cambridge	12.34
Heat 2 of 2 Prelims			
1	Emma Forcey	Mother Teresa - London	13.20
2	Stacey Henshaw	Lord Dorchester - Dorchester	13.13
3	Madison Kennedy	Resurrection - Kitchener	12.71
4	Sabrina Abran	Sir Wilfrid Laurier - London	12.76
5	Ali Meyerink	Orangeville - Orangeville	12.37
6	Katie Sieling	Sir John A Macdonald SS	12.12
7	Jasmine Hurst	General Amherst - Amherstburg	12.51
8	Cheyann Labadie	Walkerville S S-Windsor	13.50

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 66 Men 100 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 3:15 PM****West Region: 10.56 01/06/2012 Devon Rittinger, Forest Heights**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Jared Capaldi	General Amherst - Amherstburg	11.55
2	Joey Eddleston	St. Patrick's - Sarnia	11.37
3	Thomas Weigl	Jacob Hespeler - Cambridge	11.27
4	Patrick Bunko	St. James - Guelph	11.08
5	Owen Sullivan	Holy Trinity - Simcoe	11.37
6	Matthew Zilke	Woodstock - Woodstock	11.31
7	Ranz Rempillo	Holy Names - Windsor	11.61
8	Kyle Sinden	Glendale - Tillsonburg	10.96
Heat 2 of 2 Prelims			
1	Derek Aubin	Catholic Central - London	11.34
2	Joseph Gignac	General Amherst - Amherstburg	11.47
3	Kyle Hayes	College Avenue S S	10.88
4	Daniel O'Brien	H.B. Beal - London	11.25
5	Adam Turnbull	Waterloo Collegiate Institute	11.18
6	Shay Williams	Regina Mundi College - London	11.38
7	Rojae Rowe	St. Joseph's - Windsor	11.63
8	Gordon Maidment	Waterloo Collegiate Institute	11.34

Event 67 Women 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 24.29 02/06/2012 Marissa Kurtimah, Guelph**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Tiffany Hannam	Sir Frederick Banting - London	25.63
2	Vanessa Small	St. James - Guelph	25.01
3	Sabrina Abran	Sir Wilfrid Laurier - London	26.59
4	Cheyann Labadie	Walkerville S S-Windsor	27.24
5	Tess Verhoeven	Oakridge - London	26.46
6	Ali Meyerink	Orangeville - Orangeville	25.66
7	Nicole Smith	Galt - Cambridge	25.00
8	Andrea Limburg	St.Thomas Aquinas - London	27.16

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Heat 2 of 2 Prelims...(Event 67 Women 200 Meter Senior)

1	Melanie Jubenville	St. Joseph's - Windsor	26.66
2	Kelly Hodgins	Northern - Sarnia	25.20
3	Natalie Topp	St. Mary's - St. Mary's	25.17
4	Aryana Cirino	St Thomas of Villanova-Lasalle	26.87
5	Kyla Sovran	St. Anne - Windsor	27.30
6	Madison Kennedy	Resurrection - Kitchener	25.70
7	Kylie Paliani	Medway - Arva	26.15
8	Katie Sieling	Sir John A Macdonald SS	24.49

Event 68 Men 200 Meter Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 30/05/2015 - 10:00 AM****West Region: 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Kyle Hayes	College Avenue S S	22.46
2	Chance Newell	St. David - Waterloo	22.39
3	Gordon Maidment	Waterloo Collegiate Institute	22.87
4	Shay Williams	Regina Mundi College - London	22.84
5	Noah Renaud	St Thomas of Villanova-Lasalle	22.66
6	Andrew Mozuraitis	Our Lady of Lourdes - Guelph	23.19
7	Brandon Adams	Sir Frederick Banting - London	23.02
8	Patrick Bunko	St. James - Guelph	22.71

Heat 2 of 2 Prelims

1	CJ Tomlinson	Waterford - Waterford	22.87
2	Joey Eddleston	St. Patrick's - Sarnia	22.58
3	TJ Taylor	Montcalm - London	23.19
4	Brandon Lee-Hyman	Sandwich - Windsor	22.72
5	Jared Capaldi	General Amherst - Amherstburg	22.17
6	Davis Edward	Oakridge - London	22.51
7	Ben McKellar	Regina Mundi College - London	23.68
8	Rojae Rowe	St. Joseph's - Windsor	22.87

Event 69 Women 400 Meter Senior**Friday 29/05/2015 - 4:00 PM****West Region: 55.02 1985 Nadia SCHMEIDT / London-J.Paul II**

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Gina McNally	North Lambton - Forest	1:04.77
2	Lauren Laing	Saunders - London	1:02.25
3	Alyssa Biersteker	St. John's College	1:02.08
4	Aryana Cirino	St Thomas of Villanova-Lasalle	1:01.04
5	Taya Ambrose	Mgsr. E.A. Doyle - Cambridge	1:01.05
6	Shae-Lyn MacIsaac	F.J. Brennan - Windsor	1:00.82
7	Kristin Looby	St. Michael - Stratford	1:02.26
8	Arianna Basilone	St.Thomas Aquinas - London	1:03.22

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 69 Women 400 Meter Senior)**

1	Sarah Welch	John F. Ross - Guelph	58.85
2	Tatiana Desender	Saunders - London	59.50
3	Kristy Hodgins	Northern - Sarnia	57.96
4	Sarah Kwajafa	South Huron - Exeter	58.25
5	Bella Efremenko	Cameron Heights - Kitchener	57.61
6	Natalie Topp	St. Mary's - St. Mary's	57.60
7	Vanessa Small	St. James - Guelph	58.50
8	Brianne Bracci	Vincent Massey - Windsor	59.34

Event 70 Men 400 Meter Senior**Friday 29/05/2015 - 4:00 PM****West Region: 46.54 01/06/2012 Brandon McBride, Herman, W.F.**

Lane	Name	School	Seed Time
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Section 1 of 2 Timed Finals

1	Keagan Croley	Sir Frederick Banting - London	52.37
2	Ben McKellar	Regina Mundi College - London	52.87
3	Luke Hannam	St. James - Guelph	51.63
4	Andrew Mozuraitis	Our Lady of Lourdes - Guelph	52.14
5	Cameron Hoggarth	Goderich - Goderich	51.36
6	Liam LeClair	F.J. Brennan - Windsor	51.16
7	Braeden Bertrand-Hopper	Mother Teresa - London	53.04
8	Hans Tshikangu	Mother Teresa - London	53.51

Section 2 of 2 Timed Finals

1	Stephen McEwen	Maranatha Christian - Windsor	51.10
2	Brandon Lee-Hyman	Sandwich - Windsor	50.90
3	Cody Pauli	Mitchell - Mitchell	50.63
4	Nathaniel Mechler	Elmira - Elmira	48.56
5	Ildemaro Ponnambalam	St. David - Waterloo	50.60
6	Chance Newell	St. David - Waterloo	50.86
7	Giordano LaCivita	Holy Names - Windsor	51.16
8	Felix Marchand	Chatham-Kent - Chatham	50.87

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 71 Women 800 Meter Senior****Saturday 30/05/2015 - 1:45 PM****West Region: 2:07.84 31/05/2014 Kailee Sawyer, Bluevale**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Sarah Welch	John F. Ross - Guelph	2:19.85
7-1B	Brianne Bracci	Vincent Massey - Windsor	2:24.21
11-1C	Kennedy Snively	Sandwich - Windsor	2:26.68
15-1D	Ally MacDonald	London Central - London	2:35.19
1-2A	Kailee Sawyer	Bluevale - Waterloo	2:15.60
5-2B	Nicole Hessels	Norwell - Palmerston	2:22.11
9-2C	Kate Boycott	W. F. Herman - Windsor	2:25.11
13-2D	Machenzie Martin	Medway - Arva	2:28.22
2-3A	Sydney Collins	St. Mary's - Kitchener	2:18.14
6-3B	Sarah Kwajafa	South Huron - Exeter	2:24.21
10-3C	Miah St. Pierre	Chatham-Kent - Chatham	2:25.53
14-3D	Kristin Looby	St. Michael - Stratford	2:32.21
4-4A	Jessica Martin	Saugeen District	2:20.94
8-4B	Chelsea Salter	Cardinal Carter - Leamington	2:24.79
12-4C	Dana Earhart	Lord Dorchester - Dorchester	2:26.75
16-4D	Emily Meier	F. E. Madill - Wingham	2:36.91

Event 72 Men 800 Meter Senior**Saturday 30/05/2015 - 1:45 PM****West Region: 1:47.56 02/06/2012 Brandon McBride, Herman, W.F.**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3-1A	Devaughn Channer	St. Benedict - Cambridge	1:57.85
7-1B	Graeme Fisher	Vincent Massey - Windsor	1:59.07
11-1C	Adam Sghaier	Vincent Massey - Windsor	2:02.61
15-1D	Sky Schulz	South Huron - Exeter	2:04.42
1-2A	Mark Patton	Centre Wellington - Fergus	1:54.70
5-2B	Tyler Butler	Delhi - Delhi	1:58.19
9-2C	Cameron Hoggarth	Goderich - Goderich	1:59.30
13-2D	Aidan Snively	Assumption College - Windsor	2:03.60
2-3A	Sandy Freeland	Bluevale - Waterloo	1:56.41
6-3B	Kyle Denomme	Riverside - Windsor	1:58.32
10-3C	Craig Klomp	St. Michael - Stratford	2:00.49
14-3D	Justin Attfield	East Elgin - Aylmer	2:03.93
4-4A	Caleb Main	Preston - Cambridge	1:58.09
8-4B	Enrique Nepomuceno	Holy Names - Windsor	1:59.10
12-4C	Elliott Godfrey	Medway - Arva	2:03.33
16-4D	Sean Luke	London Central - London	2:04.45

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 73 Women 1500 Meter Senior****Friday 29/05/2015 - 6:20 PM****West Region: 4:26.66 2008****Jessica PARRY, Catholic Cenral London**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Megan Dale	St. Michael - Stratford	5:04.89
2	Jessica Martin	Saugeen District	4:59.77
3	Dana Earhart	Lord Dorchester - Dorchester	4:57.17
4	Nicole Hessels	Norwell - Palmerston	5:01.00
5	Chelsea Viselli	Tecumseh Vista Academy A	5:00.96
6	Frannie Maltais	St. James - Guelph	4:59.25
7	Megan Black	North Lambton - Forest	5:00.09
8	Cassie Medeiros	John Paul II - London	5:21.94
9	Fiona Rocheleau	Vincent Massey - Windsor	5:01.83
10	Chelsea Salter	Cardinal Carter - Leamington	5:00.62
11	Cassandra Hinz	Mitchell - Mitchell	5:09.91
12	Sarah VanWyk	London Christian - London	5:07.40
13	Holly Hicks	Vincent Massey - Windsor	5:00.81
14	Sydney Collins	St. Mary's - Kitchener	4:52.01
15	Sylvie Carruthers	Père-René-De-Galinée	5:09.87
16	Laura Travaglini	St.Thomas Aquinas - London	5:24.18

Event 74 Men 1500 Meter Senior**Friday 29/05/2015 - 6:20 PM****West Region: 3:45.06 1993****Kevin SULLIVAN / Brantford-North Park**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Colin Burchill	Northern - Sarnia	4:31.36
2	Mitch Heyink	St. Anne's - Clinton	4:11.30
3	Adam Tait	South Huron - Exeter	4:00.22
4	Shaun Acrey	St Thomas of Villanova-Lasalle	4:27.29
5	Josh Zilles	Kitchener Waterloo - Kitchener	4:13.04
6	Scott Conrod	Chatham-Kent - Chatham	4:36.38
7	Steven Nadjiwan	Pennisula Shores DS	4:05.98
8	Matt Sheeler	Holy Cross - Strathroy	4:01.68
9	Sandy Freeland	Bluevale - Waterloo	4:05.58
10	Muhumed Sirage	Catholic Central - London	3:59.59
11	Craig Klomp	St. Michael - Stratford	4:03.96
12	Sean Luke	London Central - London	4:13.53
13	Kyle Denomme	Riverside - Windsor	4:00.87
14	Mark Patton	Centre Wellington - Fergus	4:01.85
15	Quinn Cannella	Chatham-Kent - Chatham	4:06.70
16	Kyle Madden	Paris - Paris	4:04.25

OFSAA West Regionals
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Meet Program

Event 75 Women 3000 Meter Senior

Saturday 30/05/2015 - 10:45 AM

West Region: 9:39.9h 1992

Kathy BUTLER / Waterloo CI

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Megan Dale	St. Michael - Stratford	11:02.04
8-1B	Sarah VanWyk	London Christian - London	11:02.85
9-1C	Maddy Rivelis	Tecumseh Vista Academy A	11:03.19
10-1D	Jessica Cuabu	Centre Wellington - Fergus	11:06.68
11-1E	Sarah Hesman	London Central - London	11:07.82
12-1F	Khushee Bahar	Centennial - Guelph	11:14.25
13-1G	Leah Brodovsky	Guelph - Guelph	11:17.33
14-1H	Lauren Harris	Sandwich - Windsor	11:19.34
15-1I	Miah St. Pierre	Chatham-Kent - Chatham	11:22.61
16-1J	Emily Ashby	Lord Dorchester - Dorchester	11:41.59
1-2A	Charlotte Prouse	London Central - London	9:54.61
2-2B	Carissa Gobbi	Our Lady of Lourdes - Guelph	10:39.55
3-2C	Jessie Nusselder	Saugeen District	10:52.38
4-2D	Megan Black	North Lambton - Forest	10:57.14
5-2E	Chelsea Viselli	Tecumseh Vista Academy A	10:59.19
6-2F	Cassandra Hinz	Mitchell - Mitchell	11:00.02

Event 76 Men 3000 Meter Senior

Saturday 30/05/2015 - 10:45 AM

West Region: 8:21.8h 1995

Matt KERR / Fergus - Centre Wellington

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7-1A	Adam Clayton	Guelph - Guelph	9:03.96
8-1B	Muhumed Sirage	Catholic Central - London	9:10.89
9-1C	Matt Sheeler	Holy Cross - Strathroy	9:11.73
10-1D	Jacob Rothera	Assumption College - Windsor	9:12.14
11-1E	Quinn Cannella	Chatham-Kent - Chatham	9:12.15
12-1F	Adam Tait	South Huron - Exeter	9:12.20
13-1G	Lance Tofflemire	General Amherst - Amherstburg	9:17.55
14-1H	Aiden Attema	London South - London	9:32.76
15-1I	Sean Ibbott	Sir Frederick Banting - London	9:35.66
16-1J	Jacob Yeoman	Saunders - London	9:35.66
1-2A	Kyle Madden	Paris - Paris	8:43.17
2-2B	Steven Nadjiwan	Penninsula Shores DS	8:44.46
3-2C	Andrew Shepherd	Cameron Heights - Kitchener	8:47.82
4-2D	Mitchell Ubene	Tecumseh Vista Academy A	8:54.10
5-2E	Josh Kellier	Chatham-Kent - Chatham	8:58.12
6-2F	Brendan Masters	Resurrection - Kitchener	9:02.87

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 77 Women 100 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 2:15 PM****West Region: 13.15 2000 Jessica ZELINKA / London-Banting**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Jasmine Hurst	General Amherst - Amherstburg	14.71
2	Aaliyah Rodgers	Grand River - Kitchener	14.74
3	Brin Kreugger	Our Lady of Lourdes - Guelph	16.55
4	Kelly Hodgins	Northern - Samia	15.07
5	Kylie Paliani	Medway - Arva	15.03
6	Clare Thompson	Ursuline College - Chatham	15.64
7	Emily Campbell	Lambton Central - Petrolia	15.47
8	Lexi Aitken	St. Anne's - Clinton	14.09
Heat 2 of 2 Prelims			
1	Tatiana Desender	Saunders - London	15.29
2	Sara Mota	Resurrection - Kitchener	16.49
3	Sara Lussier	John F. Ross - Guelph	16.38
4	Brooke Henderson	Sir Frederick Banting - London	14.48
5	Kaylyn Hall	H.B. Beal - London	14.82
6	Bella Efremenko	Cameron Heights - Kitchener	14.47
7	Jaiden Mulder	General Amherst - Amherstburg	14.75
8	Tess Verhoeven	Oakridge - London	15.24

Event 78 Men 110 Meter Hurdles Senior**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 29/05/2015 - 2:15 PM****West Region: 13.46 28/05/2010 Greg MacNeill, Mother Teresa**

Lane	Name	School	Seed Time
Heat 1 of 2 Prelims			
1	Joseph Daniels	Cameron Heights - Kitchener	13.82
2	Felix Marchand	Chatham-Kent - Chatham	15.43
3	Sinjon Crombleholme	St.Thomas Aquinas - London	15.67
4	Ross Johnston	Belle River - Belle River	15.47
5	Justice Cummings	John McGregor Secondary School	16.76
6	Peter Tomaszewski	Holy Cross - Strathroy	19.03
7	Owen Babcock	Resurrection - Kitchener	15.68
8	Kyle Webster	St.Thomas Aquinas - London	16.54

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Heat 2 of 2 Prelims...(Event 78 Men 110 Meter Hurdles Senior)**

1	Austin Demelo	Medway - Arva	17.29
2	Brad Sato	Vincent Massey - Windsor	16.21
3	Davis Edward	Oakridge - London	14.66
4	Nathaniel Mechler	Elmira - Elmira	14.61
5	Lyndon Smith	F. E. Madill - Wingham	16.87
6	Ryan Dooley	Resurrection - Kitchener	15.88
7	Brendan Forde	Preston - Cambridge	15.61
8	Joseph Gignac	General Amherst - Amherstburg	15.51

Event 79 Women 400 Meter Hurdles Senior**Saturday 30/05/2015 - 11:15 AM****West Region: 58.03 1995****Nadia SCHMEIDT / London-John Paul II**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Natasha Ahuja	Sir John A Macdonald SS	1:13.75
2	Ashley Hoffer	Guelph - Guelph	1:13.02
3	Shae-Lyn MacIsaac	F.J. Brennan - Windsor	1:07.77
4	Kianna Shepley	Holy Names - Windsor	1:08.26
5	Sylvie Carruthers	Père-René-De-Galinée	1:07.64
6	Andrea Limburg	St.Thomas Aquinas - London	1:07.81
7	Karly Masse	Sandwich - Windsor	1:10.49
8	Taylor Jarvis	Guelph - Guelph	1:13.74
Section 2 of 2 Timed Finals			
1	Jaiden Mulder	General Amherst - Amherstburg	1:06.15
2	Robyn Gruninger	Sir Frederick Banting - London	1:06.86
3	Bella Efremenko	Cameron Heights - Kitchener	1:03.39
4	Tatiana Desender	Saunders - London	1:05.43
5	Lexi Aitken	St. Anne's - Clinton	1:00.66
6	Kristy Hodgins	Northern - Sarnia	1:03.07
7	Kylie Paliani	Medway - Arva	1:06.74
8	Madeline Aarts	St. Mary's - St. Mary's	1:07.14

Event 80 Men 400 Meter Hurdles Senior**Saturday 30/05/2015 - 11:15 AM****West Region: 52.37 1997****Jeff ELLIS / Orangeville**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
1	Devyn Onyschuk	Central Elgin - St. Thomas	1:02.60
2	Alexei Halliday	St.Thomas Aquinas - London	1:01.86
3	James Little	Centre Dufferin - Shelburne	1:00.39
4	Brad Sato	Vincent Massey - Windsor	58.80
5	Owen Babcock	Resurrection - Kitchener	1:00.44
6	Luke Hannam	St. James - Guelph	58.05
7	Greg Spangenberg	Parkside - St. Thomas	1:00.86
8	Justice Cummings	John McGregor Secondary School	1:01.11

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 80 Men 400 Meter Hurdles Senior)**

1	Joseph Gignac	General Amherst - Amherstburg	56.89
2	Keagan Croley	Sir Frederick Banting - London	57.95
3	Felix Marchand	Chatham-Kent - Chatham	55.14
4	Davis Edward	Oakridge - London	55.57
5	Cody Pauli	Mitchell - Mitchell	54.86
6	Stephen McEwen	Maranatha Christian - Windsor	55.24
7	Ildemaro Ponnambalam	St. David - Waterloo	56.75
8	Christian Fryer-davis	Cameron Heights - Kitchener	55.70

Event 81 Women High Jump Senior**Friday 29/05/2015 - 2:00 PM****Starting height 1.40m, then by 5cm to 1.50, then by 3cm****West Region: 1.78m 1986 Catherine BOND / Woodstock CI****Pos Name School Seed Mark****Flight 1 of 1 Finals**

1	Amy Koomans	Chatham Christian - Chatham	1.51m
2	Hannah Kussner	Oakridge - London	1.58m
3	Emily Mckay	Waterloo Collegiate Institute	1.55m
4	Brooke Henderson	Sir Frederick Banting - London	1.45m
5	Laura Acton	St. Joseph's - Windsor	1.51m
6	Ashley Wheeler	Stratford Central - Stratford	1.50m
7	Arabella Alton	Valley Heights - Langton	1.50m
8	Holly Jarvis	College Avenue S S	1.50m
9	Filipa Leitao	Holy Trinity - Simcoe	1.55m
10	Ali Giffin	Holy Cross - Strathroy	1.55m
11	Rayne Kellier	Chatham-Kent - Chatham	1.57m
12	Reena Francis	Vincent Massey - Windsor	1.54m
13	Lindsay Harttrup	Cameron Heights - Kitchener	1.55m
14	Naomi Campbell	North Middlesex - Parkhill	1.45m
15	Gabby Marton	North Park - Brantford	1.60m
16	Anca Enache	St Thomas of Villanova-Lasalle	1.51m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 82 Men High Jump Senior****Friday 29/05/2015 - 3:30 PM****Starting height 1.75 m, then by 5cm to 1.85, then by 3cm.****West Region: 2.19m 28/05/2010 Branden Wilhelm, Woodstock**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Logan Bruce	Grey Highlands - Flesherton	1.85m
2	Justin McKague	F. E. Madill - Wingham	1.89m
3	Sebastian Smith	Northern - Sarnia	1.89m
4	Jacob Fortin	Preston - Cambridge	1.80m
5	Tom Dekker	Listowel - Listowel	1.75m
6	Dallas Akins	Sandwich - Windsor	1.80m
7	Spencer Blake	Holy Trinity - Simcoe	1.80m
8	Bleska Kambamba	Mother Teresa - London	1.86m
9	Braden Ongena	Holy Trinity - Simcoe	1.80m
10	Marcus Cooper	Holy Names - Windsor	1.83m
11	Cai Kellier	Chatham-Kent - Chatham	1.80m
12	Niles Crews	Northern - Sarnia	1.89m
13	Brandon Hamilton	North Middlesex - Parkhill	1.70m
14	Daniel O'Brien	H.B. Beal - London	1.86m
15	Grant Massschelein	North Middlesex - Parkhill	1.70m
16	Jack Carere	Resurrection - Kitchener	1.80m

Event 83 Women Pole Vault Senior**Saturday 30/05/2015 - 1:30 AM****2.20,2.40, then 15cm****West Region: 3.91m 28/05/2011 Alysha Newman, Mother Teresa**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Anna Larsson	Sir John A Macdonald SS	3.40m
2	Reena Francis	Vincent Massey - Windsor	3.37m
3	Andrea Limburg	St.Thomas Aquinas - London	2.50m
4	Margaret Hill	Sir Frederick Banting - London	2.80m
5	Ashley Hoffer	Guelph - Guelph	2.30m
6	Kiana Ward	Cameron Heights - Kitchener	2.50m
7	Emily Authier	Sir John A Macdonald SS	2.10m
8	Alessia Mussio	St. Anne - Windsor	2.45m
9	Tessa Hamilton	Delhi - Delhi	3.00m
10	Leah Hesman	Sandwich - Windsor	2.45m
11	Emma Anderson	Mother Teresa - London	2.65m
12	Jessica Simpson	Regina Mundi College - London	3.30m
13	Jacque Hutchings	St. Anne - Windsor	2.60m
14	Lydia Heuving	Lord Dorchester - Dorchester	2.65m
15	Kyla Sovran	St. Anne - Windsor	2.15m
16	Meghan Koczwar	St.Thomas Aquinas - London	2.35m

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Event 84 Men Pole Vault Senior
Saturday 30/05/2015 - 11:30 AM
2.90,3.10,3.25,then15cm

West Region: 5.10m 1985		Doug WOOD / Wingham-Madill	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Han Xie	Cameron Heights - Kitchener	3.20m
2	Brian Anderson	Oakridge - London	3.75m
3	Nathaniel Mechler	Elmira - Elmira	4.20m
4	Brett Page	Saunders - London	3.60m
5	Brad Gyemi	St. Anne - Windsor	3.70m
6	Shane Whitmore	Saunders - London	3.45m
7	Nick Christopher	St.Thomas Aquinas - London	3.75m
8	Nick Nadeau	Brantford - Brantford	3.20m
9	Thomas Weigl	Jacob Hespeler - Cambridge	4.20m
10	Sam Knechtel	Stratford NW - Stratford	3.45m
11	Eric Moores	Oakridge - London	3.45m
12	Patrick Matthew	St. Anne - Windsor	3.10m
13	Jordan Antonelli	Assumption College - Windsor	3.25m
14	Andrew Dureno	Sandwich - Windsor	2.95m
15	Jordan Lupas	St. Anne - Windsor	3.40m
16	christopher Wahl	Jacob Hespeler - Cambridge	3.20m

Event 85 Women Long Jump Senior
Saturday 30/05/2015 - 11:30 AM
West Region: 5.92m 1996

West Region: 5.92m 1996		Laura WESSELING / Delhi	
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jayden Anderson-Johnston	F. E. Madill - Wingham	4.80m
2	Brianne Brix	East Elgin - Aylmer	4.80m
3	Kristy Hodgins	Northern - Sarnia	5.13m
4	Serena Hunt	Kingsville - Kingsville	5.01m
5	Anna Larsson	Sir John A Macdonald SS	5.01m
6	Abby Woods	John F. Ross - Guelph	5.02m
7	Emma Thomson	London South - London	4.98m
8	Alyssa Biersteker	St. John's College	4.82m
9	Sarah France	Sir Frederick Banting - London	4.90m
10	Emily McCurdy	Assumption College - Brantford	4.90m
11	Sydney Wootton	Saunders - London	5.15m
12	Erin Young	Chatham-Kent - Chatham	5.18m
13	Anastasia Maslak	Ursuline College - Chatham	5.06m
14	Courtney Wright	Jacob Hespeler - Cambridge	5.16m
15	Youmi Dickson	Sir Frederick Banting - London	5.10m
16	Clare Thompson	Ursuline College - Chatham	5.30m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 86 Men Long Jump Senior****Saturday 30/05/2015 - 1:30 PM****West Region: 7.50m 29/05/2010 Taylor Stewart, Regina Mundi**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Marcus Cooper	Holy Names - Windsor	6.63m
2	Kyle Sinden	Glendale - Tillsonburg	6.51m
3	Sebastian Smith	Northern - Sarnia	6.56m
4	Blake Freeman	St. Joseph's - St. Thomas	6.08m
5	Justin McKague	F. E. Madill - Wingham	6.09m
6	Wesley Tang	Waterloo Collegiate Institute	6.67m
7	Daniel George	Hon. W.C. Kennedy - Windsor	6.39m
8	Amari Jones	Riverside - Windsor	6.69m
9	Ranz Rempillo	Holy Names - Windsor	6.31m
10	Kyle Vigar	Simcoe - Simcoe	6.65m
11	Jordan Carey	Grand River - Kitchener	6.28m
12	Scott Billings	London Central - London	6.39m
13	Nick Christopher	St. Thomas Aquinas - London	6.07m
14	Tajyei Vassell-Grant	St. James - Guelph	6.38m
15	Cody Carde	Stratford NW - Stratford	6.27m
16	Ryan Taylor	Huron Heights - Kitchener	6.80m

Event 87 Women Triple Jump Senior**Friday 29/05/2015 - 5:30 PM****West Region: 12.11m 1996 Monique HAAN / London Christian**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Ashlin Taylor	Oakridge - London	10.54m
2	Candace Wright	Jacob Hespeler - Cambridge	10.39m
3	Sydney Wootton	Saunders - London	10.36m
4	Elizabeth Bulsink	St. Mary's - Owen Sound	10.27m
5	Brianne Brix	East Elgin - Aylmer	10.79m
6	Taylor McLean	John F. Ross - Guelph	10.40m
7	Rayne Kellier	Chatham-Kent - Chatham	10.72m
8	Elese Balfour	Glencoe - Glencoe	10.47m
9	Leah Panek	Sandwich - Windsor	10.42m
10	Anastasia Maslak	Ursuline College - Chatham	11.03m
11	Marissa McCormack	Medway - Arva	10.45m
12	Clare Thompson	Ursuline College - Chatham	11.26m
13	Emily McCurdy	Assumption College - Brantford	10.50m
14	Abby Woods	John F. Ross - Guelph	10.62m
15	Keely Gibb	General Amherst - Amherstburg	11.08m
16	Sarah France	Sir Frederick Banting - London	10.19m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 88 Men Triple Jump Senior****Saturday 30/05/2015 - 10:00 AM****West Region: 15.73m 2002****Kenen SHADD/Kitchener Grand River**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Augustine Soga	St. Benedict - Cambridge	13.30m
2	Amari Jones	Riverside - Windsor	13.38m
3	Matt Baxter	Medway - Arva	12.71m
4	Brad-Lee Bulloch	W. F. Herman - Windsor	12.61m
5	James Tyler	North Lambton - Forest	13.06m
6	Tajyei Vassell-Grant	St. James - Guelph	13.28m
7	Billy Darrell	F. E. Madill - Wingham	12.05m
8	Scott Billings	London Central - London	13.80m
9	Logan Howard	Ursuline College - Chatham	12.84m
10	David Okot	Kitchener Waterloo - Kitchener	12.79m
11	Ryan Taylor	Huron Heights - Kitchener	14.37m
12	Jack Thomas	North Lambton - Forest	13.04m
13	Jake Godfrey	Medway - Arva	12.54m
14	Ryan Esler	Lord Dorchester - Dorchester	12.21m
15	DJ Johnson	Pauline Johnson - Brantford	13.41m
16	Cal Taylor	Sir Wilfrid Laurier - London	12.11m

Event 89 Women Shot Put Senior**Saturday 30/05/2015 - 1:30 PM****West Region: 14.25m 1996****Liz TOMAN / Elmira**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Erica Ten Hove	Listowel - Listowel	9.38m
2	Rebecca Chouinard	St. Joseph's - St. Thomas	10.01m
3	Morgan Desjardin	Paincourt SS	12.64m
4	Rachel Morrison	Oakridge - London	9.67m
5	Kayla Shepherd	Holy Trinity - Simcoe	10.57m
6	Shelby Thomas	Sandwich - Windsor	10.36m
7	Nicole Vis	Emmanuel Christian High School	10.28m
8	Achiana Okutinyang	Sandwich - Windsor	11.09m
9	Nicole Pettit	Central Elgin - St. Thomas	8.77m
10	holly taylor	Assumption College - Brantford	12.01m
11	Jessica Bryce	Lambton Central - Petrolia	9.62m
12	Kyra Ridgwell	Erin - Erin	10.41m
13	Riley Wilhelm	St. Patrick's - Sarnia	10.19m
14	Alicia Babbage	Sir Wilfrid Laurier - London	9.49m
15	savannah laroche	Assumption College - Brantford	11.23m
16	Krista Klumpenhouwer	Listowel - Listowel	8.94m

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Event 90 Men Shot Put Senior
Saturday 30/05/2015 - 11:30 AM
West Region: 20.78m 1995

Brad SNYDER / Windsor - St. Joseph's

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Jamie Trask	Centennial - Guelph	13.22m
2	Ethan Carleton	St. Joseph's - Windsor	13.56m
4	Mike Zottl	Northern - Sarnia	13.05m
5	Job Reinhart	Guelph - Guelph	13.47m
6	Mackenzie Josie	Central Huron - Clinton	16.85m
7	Fletcher Smith	Belle River - Belle River	15.45m
8	Mark Bujnowski	Holy Cross - Strathroy	14.67m
9	Aaron Gebhardt	Walkerton - Walkerton	13.27m
10	Henry Easton	Sir Frederick Banting - London	14.53m
11	Stuart Cameron	F. E. Madill - Wingham	15.23m
12	Evan Zimochod	Our Lady of Lourdes - Guelph	13.16m
13	Noah Rolph	Parkside - St. Thomas	15.95m
14	Andrew Martin	Strathroy - Strathroy	16.97m
15	Quintin Seguin	W. F. Herman - Windsor	13.62m
16	Jacob Miller	Holy Trinity - Simcoe	12.65m

Event 91 Women Discus Throw Senior
Saturday 30/05/2015 - 10:00 AM
West Region: 48.20m 1982

Liz POLYAK / Brantford-North Park

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Riley Wilhelm	St. Patrick's - Sarnia	38.88m
2	Rebecca Chouinard	St. Joseph's - St. Thomas	28.46m
3	savannah laroche	Assumption College - Brantford	34.67m
4	Alicia Babbage	Sir Wilfrid Laurier - London	26.66m
5	Achiana Okutinyang	Sandwich - Windsor	26.45m
6	Emily Ferguson	Bluevale - Waterloo	30.08m
7	Aliya Dizdarevic	Tecumseh Vista Academy A	26.44m
8	Taylor Broughton	Stratford NW - Stratford	27.88m
9	Jessica Douglas	Lambton Central - Petrolia	26.15m
10	Alyson Kearnen-Leitch	Sir Frederick Banting - London	30.03m
11	Jessica Venhuizen	Oakridge - London	30.52m
12	Hannah Diebold	Walkerton - Walkerton	32.42m
13	Molly Boley	Owen Sound - Owen Sound	32.28m
14	Amy McIntyre	North Lambton - Forest	26.23m
15	Karissa Schiestel	F. E. Madill - Wingham	27.79m
16	Deborah Martin-Nino	John F. Ross - Guelph	32.70m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 92 Men Discus Throw Senior****Friday 29/05/2015 - 5:30 PM****West Region: 64.94m 1995****Jason TUNKS / London-Banting**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Stuart Cameron	F. E. Madill - Wingham	41.20m
2	Drew Desjarlais	Belle River - Belle River	40.15m
3	Eric Campbell	Lambton Central - Petrolia	37.27m
4	Mark Bujnowski	Holy Cross - Strathroy	48.66m
5	Ethan Carleton	St. Joseph's - Windsor	40.26m
6	Noah Rolph	Parkside - St. Thomas	50.93m
7	Ben Drummond	Bluevale - Waterloo	43.23m
8	Job Reinhart	Guelph - Guelph	37.30m
9	Cullen Fawcett	Brantford - Brantford	36.03m
10	Alec Jeffery	Lambton Central - Petrolia	37.43m
11	Kyle Lalich	Holy Cross - Strathroy	35.16m
12	Fletcher Smith	Belle River - Belle River	38.19m
13	Mackenzie Josie	Central Huron - Clinton	50.18m
14	Brandon Toushan	Bluevale - Waterloo	39.10m
15	Aaron Gebhardt	Walkerton - Walkerton	35.56m
16	Jake Fraggis	Medway - Arva	35.15m

Event 93 Women Javelin Throw Senior**Friday 29/05/2015 - 3:30 PM****West Region: 47.56m 1997****Andrea BULAT / Windsor-Brennan**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Madeline McCloskey	Essex - Essex	34.77m
2	Sabrina Gmehlin	Strathroy - Strathroy	30.37m
3	Anna Larsson	Sir John A Macdonald SS	34.89m
4	Maya Kelly	London Central - London	37.21m
5	Jocelyn Scott	Woodland Christian - Breslau	30.68m
6	Kennady Hopkins	Parkside - St. Thomas	30.81m
7	Katie Proctor	Lambton Central - Petrolia	34.24m
8	Emily Campbell	Lambton Central - Petrolia	28.78m
9	Morgan Bates	Ingersoll - Ingersoll	34.35m
10	Tory Harshman	St. Mary's - Owen Sound	31.90m
11	holly taylor	Assumption College - Brantford	35.39m
12	Kaela Collin	Lord Dorchester - Dorchester	30.41m
13	Molly Boley	Owen Sound - Owen Sound	29.07m
14	Emily O'Bright	Sandwich - Windsor	36.29m
15	Megan Silverthorn	Parkside - St. Thomas	27.30m
16	Katie Clement	F.J. Brennan - Windsor	30.38m

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 94 Men Javelin Throw Senior****Friday 29/05/2015 - 2:00 PM****West Region: 70.20m 2001****Trevor SNYDER / Windsor-St.Joseph's**

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Noah Rolph	Parkside - St. Thomas	54.93m
2	Fletcher Smith	Belle River - Belle River	53.72m
3	Thomas Nitz	Glenview Park - Cambridge	44.32m
4	Grant Fraser	Preston - Cambridge	45.99m
5	Travis Garrity	St. Patrick's - Sarnia	48.06m
6	Matthew Zilke	Woodstock - Woodstock	47.86m
7	Dallas Manley	Lambton Central - Petrolia	50.78m
8	Garrett James	Stratford NW - Stratford	45.51m
9	Dexter Collins	Centre Wellington - Fergus	44.41m
10	Joe Roes	Holy Cross - Strathroy	46.88m
11	Andrew Clark	Belle River - Belle River	50.91m
12	Joel Macpherson	St. James - Guelph	43.99m
13	Spencer Swan	Montcalm - London	48.17m
14	Gordon McGinn	Galt - Cambridge	50.54m
15	Lee Kucera	Chatham-Kent - Chatham	53.71m
16	Jake Fraggis	Medway - Arva	46.01m

Event 95 Women 4x100 Meter Relay Senior**Friday 29/05/2015 - 7:15 PM****West Region: 48.73 2000****LONDON-BANTING**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Saunders - London	A	51.92
	1) Alicia Harris	2) Lauren Laing	3) Sydney Wootton
			4) Tatiana Desender
2	Riverside - Windsor	A	52.78
	1) Vicky Han	2) Marialuna Martinez	3) Sarah Nguyen
			4) Ravneet Rana
3	Grand River - Kitchener	A	51.52
	1) Angel Lloyd	2) Haleigh Pollock	3) Caroline Lorkovic
			4) Aaliyah Rodgers
4	St. James - Guelph	A	51.42
		2) Von Davis	3) Natasha Costello
			4) Vanessa Small
5	Holy Names - Windsor	A	51.78
	1) Kianna Shepley	2) Carlin MacDonald-Gannon	3) Kimberly Miller
			4) Carla Colomba
6	Waterloo Collegiate Institute	A	51.44
	1) Emily Mckay	2) Zahra Sepahi	3) Brenda Nkansah-Okoree
			4) Kendra Puttick
7	St. Anne - Windsor	A	52.10
	1) Alex Payne	2) Kyla Sovran	3) Taylor Reaume
			4) Jacquie Hutchings
8	John F. Ross - Guelph	A	NT
	1) Taylor McLean	2) Sarah Welch	3) Elena Campbell
			4) Hillary Thompson

**OFSAA West Regionals
Track and Field**

T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015

Meet Program

Section 2 of 2 Timed Finals...(Event 95 Women 4x100 Meter Relay Senior)

1	Mother Teresa - London	A		51.16
	1) Zoe Cotton	2) Michaela Valente	3) Emma Forcey	4) Antonina Struminski
2	Medway - Arva	A		51.38
3	Lord Dorchester - Dorchester	A		50.93
4	Sir Frederick Banting - London	A		49.42
	1) Isabelle Gibney	2) Ayasha Horner	3) Tiffany Hannam	4) Brooke Henderson
5	Northern - Sarnia	A		49.26
	1) Brianne Ferguson	2) Skyla Minaker	3) Kristy Hodgins	4) Kelly Hodgins
6	General Amherst - Amherstburg	A		49.79
	1) Jasmine Hurst	2) Jaiden Mulder	3) Keely Gibb	4) Nia Holmes
7	Sir John A Macdonald SS	A		51.00
	1) Emily Authier	2) Katie Sieling	3) Natasha Ahuja	4) Anna Larsson
8	Oakridge - London	A		51.35
	1) Gillian Mikalchki	2) Claire Larose	3) Tess Verhoeven	4) Emily Rundle

Event 96 Men 4x100 Meter Relay Senior

Friday 29/05/2015 - 7:15 PM

West Region: 42.21 2011 Northern CIVS

Lane	Team	Relay	Seed Time	
Section 1 of 2 Timed Finals				
1	Sir Frederick Banting - London	A	45.94	
	1) Brandon Adams	2) William Stewart	3) Ben Harris	4) Keagan Croley
2	Mother Teresa - London	A	45.50	
	1) Claudiu Cretu	2) David Kang	3) Hans Tshikangu	4) Bleska Kambamba
3	St.Thomas Aquinas - London	A	45.05	
	1) Andrew Kim	2) Brock VanBerlo	3) Sean Gough	4) Alexei Halliday
4	Cameron Heights - Kitchener	A	44.93	
	1) Alex Zervos	2) Christian Fryer-davis	3) Corey Braithwaite	4) Joseph Daniels
5	St. James - Guelph	A	44.67	
	1) Joel Macpherson	2) Tajyei Vassell-Grant	3) Luke Hannam	4) Patrick Bunko
6	Catholic Central - London	A	45.07	
7	Regina Mundi College - London	A	46.75	
	1) Carter Spence	2) Ben McKellar	3) Shane Fry	4) Shay Williams
8	Lord Dorchester - Dorchester	A	45.63	

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 96 Men 4x100 Meter Relay Senior)**

1	General Amherst - Amherstburg	A		44.54
	1) Jared Capaldi	2) Joseph Gignac	3) Aaron Hunter	4) Mitchell Wright
2	St. David - Waterloo	A		44.40
	1) Nathan Hehn	2) Chance Newell	3) Ildemaro Ponnambalam	4) James McBride
3	St. Anne - Windsor	A		43.85
	1) Ben Clarke	2) Braeden Braccio	3) Stephen Sarweh	4) Hayden Bourque
4	Holy Names - Windsor	A		43.70
	1) Ranz Rempillo	2) Daniel Panetta	3) Isaiah Westmoreland	4) Giordano LaCivita
5	Waterloo Collegiate Institute	A		43.50
	1) Wesley Tang	2) Gordon Maidment	3) Thomas Rowlands	4) Adam Turnbull
6	St. Patrick's - Sarnia	A		44.30
	1) Patrick Lange	2) Joey Eddleston	3) Travis Garrity	4) Mitch Damchuk
7	Grand River - Kitchener	A		44.49
	1) Ben Daub	2) Kyle Rath	3) Chad Lacey	4) Alex DeAragon
8	W. F. Herman - Windsor	A		44.56
	1) Jalen Jackson	2) Riley Milligan	3) Elijah Blythe	4) Brad-Lee Bulloch

Event 97 Women 1500 Meter Steeplechase Open**Friday 29/05/2015 - 2:00 PM****West Region: 5:02.59 2009****Haley Cadwallader, Sarnia CI@TS**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Christina Dolderman	Centre Wellington - Fergus	5:26.32
2	Carissa Gobbi	Our Lady of Lourdes - Guelph	5:13.01
3	Megan Black	North Lambton - Forest	5:29.21
4	Lauren Harris	Sandwich - Windsor	5:48.75
5	Sylvie Carruthers	Père-René-De-Galinée	5:23.78
6	Jessica Cuabu	Centre Wellington - Fergus	5:28.98
7	Emily Ashby	Lord Dorchester - Dorchester	5:48.28
8	Sarah Hesman	London Central - London	5:34.61
9	Holly Hicks	Vincent Massey - Windsor	5:35.78
10	Victoria Howard-Thompson	St. Anne's - Clinton	5:53.79
11	Charlotte Prouse	London Central - London	4:52.89
12	Holly Doneff	Oakridge - London	5:58.24
13	Maya Day	Grand River - Kitchener	5:25.16
14	Kristin Parkes	St. Patrick's - Sarnia	5:39.82
15	Fiona Rocheleau	Vincent Massey - Windsor	5:32.14
16	Laura Millar	Medway - Arva	5:58.98

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 98 Men 2000 Meter Steeplechase Open****Friday 29/05/2015 - 3:00 PM****West Region: 5:54.94 01/06/2012 Daniel Piticariu, Vincent Massey**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
1	Cole Hannam	St. James - Guelph	6:36.70
2	Josh Kellier	Chatham-Kent - Chatham	6:15.52
3	Jacob Rothera	Assumption College - Windsor	6:21.24
4	Doug Brown	Strathroy - Strathroy	6:45.56
5	Elliott Godfrey	Medway - Arva	6:42.20
6	Travis Mann	St. Mary's - St. Mary's	6:41.19
7	Dylan Pust	John Diefenbaker - Hanover	6:44.23
8	Simon Wells	Centennial - Guelph	6:27.76
9	John Fluttert	Lord Dorchester - Dorchester	6:46.04
10	Jordan deBoer	Central Huron - Clinton	6:45.56
11	Brendan Masters	Resurrection - Kitchener	6:15.05
12	Jacob Yeoman	Saunders - London	6:45.28
13	Enrique Nepomuceno	Holy Names - Windsor	6:15.50
14	Lance Tofflemire	General Amherst - Amherstburg	6:31.35
15	Justin McNamara	Chatham Christian - Chatham	6:19.08
16	Caleb Main	Preston - Cambridge	6:19.47

Event 99 Women 4x400 Meter Relay Open**Saturday 30/05/2015 - 3:30 PM****West Region: 3:54.13 2008 RESURRECTION**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	London Central - London	A	4:24.09
	1) Ally MacDonald	2) Sarah Hesman	3) Nadine Osman
			4) Charlotte Prouse
2	Saunders - London	A	4:17.34
	1) Tatiana Desender	2) Alicia Harris	3) Lauren Laing
			4) Katie Black
3	Centre Wellington - Fergus	A	4:14.59
	1) Esmee Hotson	2) Jessica Cuabu	3) Christina Dolderman
			4) Elizabeth Teasell
4	Medway - Arva	A	4:15.39
5	Bluevale - Waterloo	A	4:13.05
	1) Mackenzie Annis	2) Amanda Washington	3) Anna Mackenzie
			4) Kailee Sawyer
6	Guelph - Guelph	A	4:15.82
	1) Sara Farquharson	2) Madi Jarvis	3) Taylor Jarvis
			4) Sydney Wilson
7	St. Michael - Stratford	A	4:16.91
8	St. Thomas Aquinas - London	A	4:17.91
	1) Arianna Basilone	2) Andrea Limburg	3) Destiny Vandenberg
			4) Laura Travaglini

**OFSAA West Regionals
Track and Field**

T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015

Meet Program

Section 2 of 2 Timed Finals...(Event 99 Women 4x400 Meter Relay Open)

1	Centennial - Guelph	A		4:06.57
	1) Samantha Leigh	2) Kaitlynn Meier-Ross	3) Ashlan Best	4) Khushee Bahar
2	Cameron Heights - Kitchener	A		4:07.49
	1) Tomi Bamigbade	2) Mikayla Carmichael	3) Jaia Riggan	4) Bella Efremenko
3	W. F. Herman - Windsor	A		4:05.20
	1) Kate Boycott	2) Taneidra Cain	3) Adi Traore	4) Tanay Freckleton
4	General Amherst - Amherstburg	A		4:05.71
	1) Jasmine Hurst	2) Jaiden Mulder	3) Keely Gibb	4) Nia Holmes
5	Northern - Sarnia	A		4:05.63
	1) Georgia Auger	2) Kristy Hodgins	3) Skyla Minaker	4) Kelly Hodgins
6	Lord Dorchester - Dorchester	A		4:05.99
7	Vincent Massey - Windsor	A		4:08.79
	1) Brianna Bracci	2) Jessica Turner	3) Fiona Rocheleau	4) Sharon Ocheje
8	Chatham-Kent - Chatham	A		4:10.18
	1) Julia Stephens	2) Ally Oulds	3) Mattea Deleary	4) Jessica Jordan

Event 100 Men 4x400 Meter Relay Open

Saturday 30/05/2015 - 3:30 PM

West Region: 3:19.22 29/05/2010 W. F. Herman S S - swhe, Herman, W.F.

A Colquhoun, C Johnson, B McBride, M Savic

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Mother Teresa - London	A	3:42.04
	1) David Kang	2) Claudiu Cretu	3) Hans Tshikangu
2	Parkside - St. Thomas	A	3:54.11
	1) Greg Spangenberg	2) Carson Thayer	3) Braiden Ferguson
3	Guelph - Guelph	A	3:37.96
	1) Braden Green	2) Lucas Eberhardt	3) Blair Jenkins
4	St. James - Guelph	A	3:32.61
	1) Patrick Bunko	2) Callum MacGregor	3) Andrew Forbes
5	Huron Heights - Kitchener	A	3:38.48
	1) Tyler Pirie	2) Brandon Sellers	3) Austin Ernst-Finnie
6	Catholic Central - London	A	3:39.49
7	St. Anne's - Clinton	A	3:45.36
	1) Evan Krebs	2) James Boonstoppel	3) Rienk VanderPloeg
8	Medway - Arva	A	3:46.70

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Section 2 of 2 Timed Finals...(Event 100 Men 4x400 Meter Relay Open)**

1	Chatham-Kent - Chatham	A			3:31.96
	1) Ian Cameron	2) Felix Marchand	3) James Muharrem	4) Josh Ralph	
2	Waterloo Collegiate Institute	A			3:32.23
	1) Adam Turnbull	2) Gordon Maidment	3) Thomas Rowlands	4) Jason Holzscherer	
3	Vincent Massey - Windsor	A			3:30.12
	1) Laith Al-Kinani	2) Graeme Fisher	3) Calvin Mercier	4) Brad Sato	
4	Riverside - Windsor	A			3:31.35
	1) Kiniw Cleland	2) Brandon Diciocco	3) Ted McGeen	4) Blaze Sportelli	
5	St. David - Waterloo	A			3:27.72
	1) Nathan Hehn	2) Chance Newell	3) James McBride	4) Ildemaro Ponnambalam	
6	W. F. Herman - Windsor	A			3:28.58
	1) Jalen Jackson	2) Joshua Woghiren	3) William McBride	4) Patrick Quinland	
7	Sandwich - Windsor	A			3:31.67
	1) Logan Panek	2) Bradley O'Neil	3) Tyler Jones	4) Brandon Lee-Hyman	
8	Sir Frederick Banting - London	A			3:38.59

Event 101 Women 100 Meter Ambulatory

Friday 29/05/2015 - 5:50 PM

West Region: 15.29 28/05/2006 Joanna Edwards, MacKenzie-Sarnia

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

4	Madison Wilson-Walker	Lord Dorchester - Dorchester	14.67
5	Ella Baker-Lehnen	St. Anne's - Clinton	36.17

Event 102 Men 100 Meter Ambulatory

Friday 29/05/2015 - 5:50 PM

West Region: 12.08 01/06/2006 Deric Kruse, F.E.Madill

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

4	Cody Bell	Lambton Central - Petrolia	16.59
5	Devon Newell	Central Huron - Clinton	16.69

Event 103 Women 100 Meter Blind

Friday 29/05/2015 - 5:50 PM

West Region: 16.06 30/05/2014 Alexis Askin-Hunter, Sarnia

West Region: 17.45 30/05/2013 Alexis Askin-Hunter, Sarnia

Lane	Name	School	Seed Time
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Section 1 of 1 Timed Finals

3	Shaunelle Gregory	W Ross Macdonald	14.59
5	Stela Trudeau	W Ross Macdonald	16.68

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 105 Women 100 Meter Intellectual****Friday 29/05/2015 - 5:50 PM**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
2	Emily Lai	Westview Freedom Academy	20.88
3	Tiffany Hillman	Alexander MacKenzie S S	18.52
4	Natasha Hoogkamp	Woodstock - Woodstock	17.29
5	Sara Albers	St.Thomas Aquinas - London	15.33
6	Kyla Rodrigue	Woodstock - Woodstock	14.71

Event 106 Men 100 Meter Intellectual**Friday 29/05/2015 - 5:50 PM****West Region: 12.06 31/05/2013 Peter Snider, WCI****West Region: 12.06 30/05/2014 Peter Snider, WCI**

Lane	Name	School	Seed Time
Section 1 of 2 Timed Finals			
4	Vincent Gareau	Mgsr. Bruyere E S	16.22
5	Travis Cascanette	St. Benedict - Cambridge	16.47
6	Matthew Pastorius	Alexander MacKenzie S S	16.71
Section 2 of 2 Timed Finals			
2	Craig Machan	Alexander MacKenzie S S	15.08
3	James St. Denis	F.J. Brennan - Windsor	13.41
4	Kenneth Lai	Westview Freedom Academy	15.95
5	Josh Hoogkamp	Woodstock - Woodstock	14.76
6	Prince Sulbani	Clarke Road S S	13.12
7	Jesse Stewart	Northern - Sarnia	13.17

Event 108 Men 200 Meter Wheelchair**Friday 29/05/2015 - 1:50 PM****West Region: 3:30.67 30/05/2014 Cole Campbell, MacKenzie**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
7	Cole Campbell	Alexander MacKenzie S S	3:12.48

Event 110 Men 400 Meter Wheelchair**Friday 29/05/2015 - 4:00 PM****West Region: 7:59.63 30/05/2014 Cole Campbell, MacKenzie**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
4	Cole Campbell	Alexander MacKenzie S S	7:55.50

Event 113 Women 800 Meter Ambulatory**Saturday 30/05/2015 - 1:45 PM****West Region: 4:53.11 31/05/2014 Madison Wilson-Walker, Lord Dorchester**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
4	Madison Wilson-Walker	Lord Dorchester - Dorchester	3:17.07
5	Ella Baker-Lehnen	St. Anne's - Clinton	7:00.33

OFSAA West Regionals**Track and Field****T.D Waterhouse Stadium, London - 29/05/2015 to 30/05/2015****Meet Program****Event 114 Men 800 Meter Ambulatory****Saturday 30/05/2015 - 1:45 PM****West Region: 3:04.56 01/06/2013 Dylan Eisnor, North Lambton****West Region: 3:04.56 31/05/2014 Dylan Eisnor, North Lambton**

Lane	Name	School	Seed Time
Section 1 of 1 Timed Finals			
3	Devon Newell	Central Huron - Clinton	3:24.24
4	Chris Heaney	St. James - Guelph	2:50.93
5	Brian Eaton	Grand River - Kitchener	2:59.75
6	Cody Bell	Lambton Central - Petrolia	3:17.90