

OFSAA WEST REGIONAL TRACK SCHEDULE 2015 – U. of Western Ontario

DAY 1 - TRACK SCHEDULE – Friday May 29th

1:50pm WCG & WCB 200m Timed Final

2:00 pm **Open Girls 1500 m Steeplechase Final**

2:15 pm Midget Girls 80 m Hurdles Semi-Finals
Junior Girls 80 m Hurdles Semi-Finals
Senior Girls 100 m Hurdles Semi-Finals
Midget Boys 100 m Hurdles Semi-Finals
Junior Boys 100 m Hurdles Semi-Finals
Senior Boys 110 m Hurdles Semi-Finals

3:00pm **Open Boys 2000 m Steeplechase Final**

3:20 pm Midget Girls 100 m Semi-Finals
Midget Boys 100 m Semi-Finals
Junior Girls 100 m Semi-Finals
Junior Boys 100 m Semi-Finals
Senior Girls 100 m Semi-Finals
Senior Boys 100 m Semi-Finals

4:00 pm WCG & WCB 400m Timed Final
Midget Girls 400 m Timed Final
Midget Boys 400 m Timed Final
Junior Girls 400 m Timed Final
Junior Boys 400 m Timed Final
Senior Girls 400 m Timed Final
Senior Boys 400 m Timed Final

*******TRACK BREAK*******

5:20 pm **Midget Girls 80 m Hurdles Final**
Junior Girls 80 m Hurdles Final
Senior Girls 100 m Hurdles Final
Midget Boys 100 m Hurdles Final
Junior Boys 100 m Hurdles Final
Senior Boys 110 m Hurdles Final

5:50 pm **AMB. Girls and AMB Boys 100m Final**
IDG and IDB 100m Finals
VIG and VIB 100m Finals
Midget Girls 100 m Final
Midget Boys 100 m Final
Junior Girls 100 m Final
Junior Boys 100 m Final
Senior Girls 100 m Final
Senior Boys 100 m Final

6:20 pm **Midget Girls 1500 m Final**
Midget Boys 1500 m Final
Junior Girls 1500 m Final
Junior Boys 1500 m Final
Senior Girls 1500 m Final
Senior Boys 1500 m Final

7:15 pm **Midget Girls 4 x 100 Relay Timed Final**
Midget Boys 4 x 100 Relay Timed Final
Junior Girls 4 x 100 Relay Timed Final
Junior Boys 4 x 100 Relay Timed Final
Senior Girls 4 x 100 Relay Timed Final
Senior Boys 4 x 100 Relay Timed Final

FIELD SCHEDULE - DAY 1 – Friday May 29th

1:30pm Midget Boys Pole Vault

2:00 pm Midget Girls Long Jump
Junior Girls Triple Jump
Senior Girls High Jump
Midget Boys Shot Put
Junior Boys Discus
Senior Boys Javelin

3:30 pm Midget Girls Pole Vault
Midget Girls Shot Put
Junior Girls Discus
Senior Girls Javelin
Midget Boys Long Jump
Junior Boys Triple Jump
Senior Boys High Jump

5:30 Junior Boys Pole Vault
Midget Girls High Jump
Junior Girls Long Jump
Senior Girls Triple Jump
Midget Boys Javelin
Junior Boys Shot Put
Senior Boys Discus

TRACK SCHEDULE
DAY 2 – Saturday May 30th

10:00 am Midget Girls 200 m Semi-Finals
 Midget Boys 200 m Semi-Finals
 Junior Girls 200 m Semi-Finals
 Junior Boys 200 m Semi-Finals
 Senior Girls 200 m Semi-Finals
 Senior Boys 200 m Semi-Finals

10:45 am **Senior Girls 3000 m Final**
 Senior Boys 3000 m Final

11:15 am **Midget Girls 300 m Hurdles Timed Final**
 Junior Girls 300 m Hurdles Timed Final
 Senior Girls 400 m Hurdles Timed Final
 Midget Boys 300 m Hurdles Timed Final
 Junior Boys 300 m Hurdles Timed Final
 Senior Boys 400 m Hurdles Timed Final

*******TRACK BREAK*******

1:15 pm **Junior Girls 3000 m Final**
 Junior Boys 3000 m Final

1:45 pm **Midget Girls 800 m Final**
 Midget Boys 800 m Final
 Junior Girls 800 m Final
 Junior Boys 800 m Final
 Senior Girls 800 m Final
 Senior Boys 800 m Final
 AMB G and AMB B 800m Final
 VIG and VIB 800 m Final

2:30 pm **Senior Girls 200 m Final**
 Senior Boys 200 m Final
 Junior Girls 200 m Final
 Junior Boys 200 m Final
 Midget Girls 200 m Final
 Midget Boys 200 m Final

3:00 pm **Midget Girls 3000 m Final**
 Midget Boys 3000 m Final

3:30 pm **Open Girls 4 x 400 Relay Timed Final**
 Open Boys 4 x 400 Relay Timed Final

FIELD SCHEDULE - DAY 2 – Saturday May 30th

9:30am	Junior Girls Pole Vault
10:00am	Midget Girls Javelin Junior Girls Shot Put Senior Girls Discus Midget Boys High Jump Junior Boys Long Jump Senior Boys Triple Jump Senior Boys Pole Vault
11:30am	Senior Boys Pole vault Midget Girls Triple Jump Junior Girls High Jump Senior Girls Long Jump Midget Boys Discus Junior Boys Javelin Senior Boys Shot Put
1:30pm	Senior Girls Pole Vault Midget Girls Discus Junior Girls Javelin Senior Girls Shot Put Midget Boys Triple Jump Junior Boys High Jump Senior Boys Long Jump